

Communicator

Quarterly Newsletter of The City of Grosse Pointe Park

Summer Issue 2022

CITY HALL 15115 EAST JEFFERSON GROSSE POINTE PARK, MI 48230 PH: 313-822-6200 M-F 8:00 A.M. - 4:30 P.M.



I'm Disconnected, Are You? Mayor Michele Hodges

Since March 2022, the City of Grosse Pointe Park DPW has been meeting with property owners across the City to review downspouts and drains. The meetings involve a visual inspection of downspouts and consultation on what options may be possible to help eliminate those that remain connected. To date, the City has mailed nearly 3000 notices to property owners, however less than 200 property owners have responded. While the meetings are not mandatory, the City strongly encourages that any property owners who are interested in learning more about their connected downspouts take advantage of this free service.

Most important of all, any properties that do still have connected downspouts should take the necessary steps this spring to disconnect

the downspout pipes and direct the flow to lawn areas. This can be a relatively easy and inexpensive DIY activity that can be completed using gutter materials found at hardware stores and home centers. Information on the equipment and steps necessary to complete the work can be found on the City's website at https://www.grossepointepark.org/departments/public_works/sewer_program.php. The work can be completed at any time by residents and it does not require a permit.

Finally, the City would like to thank those in the community who have already taken the steps necessary to disconnect downspouts or other drains. If you have done so, please let the City know of your work so the City can document collective efforts to improve our sewer system. Also, share your hard work with your neighbors by posting to social media. By working together on efforts like this, we will not only help to reduce the impacts of flooding in the future, but also reduce our monthly sewer bill from the Great Lakes Water Authority.

Attention Voters Voting Precincts Relocated!

Grosse Pointe School Administration has informed the City that Pierce middle school will be under construction requiring the city to relocate two precincts this year. If you recall, last year Defer elementary was under construction. We were told this year we may use Trombly elementary, however, that could change anytime depending on what the future use of Trombly will be.

Effective immediately all City, State and Federal elections will be held

at Windmill Pointe Park in the Lavin's Activity Center and the Tompkins Community Center. This transition of polling places will make the process more efficient. The Barrington lot will be available for overflow parking.

Precinct 1: Tompkins Community Center
Precinct 2: Tompkins Community Center
Precinct 4: Lavins Activity Center
Precinct 5: Lavins Activity Center
Precinct 6: Lavins Activity Center
Precinct 7: Lavins Activity Center

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Park Hours

Patterson Park
7:00 a.m. to Dusk

Windmill Pointe Park
7:00 a.m. to 11:00 p.m.

City Phone Numbers
911 - Emergencies Only

**Municipal Offices -
Automated Telephone System:**

Main Number
313-822-6200

- 0 - For the operator
- 1 - Public Service, Building Department and Assessment
- 2 - Water & Sewerage Billing
- 3 - Public Safety
- 4 - Municipal Court

Direct Lines:

Public Safety:	313-822-7400
Public Service:	313-822-5020
Public Works Garage:	313-822-5100
Voting & Elections:	313-822-4380
Tax Information:	313-822-4267
Building Inspector:	313-822-4365
Water Billing:	313-822-4380
Municipal Court:	313-822-3535
City Forester:	313-822-6200

Parks & Recreation
313-822-2812

Okulski Theatre Information	Press 1
Lavins Activity Center	Press 2
Park Office / Tompkins Center	Press 3
Inside Gate / Harbormaster	Press 4

Windmill Park Gatehouse
313-822-5155

Patterson Park Gatehouse
313-822-1681



Grosse Pointe Park's Facebook:
<https://www.facebook.com/grosseptepark>

Park Pass Information

It is the goal of the City of Grosse Pointe Park to continue to provide to you, the residents, the best possible service and recreational facilities. It is extremely important that everyone complies with the Park Pass rules so that we all enjoy our Parks.

Lost passes will be replaced ONCE per season, through an adult only, at a cost of \$20.00 each at City Hall. Office hours are Monday - Friday, 8:00 a.m. - 4:30 p.m. For more information regarding Park Passes, please contact Public Service at (313) 822-4380.

- Businesses & Tenants are required to renew park passes annually.
- Homeowners must renew every four years (current pass expires December 31, 2022).
- Landlords are required to have a valid rental C of O (Certificate of Occupancy), current business license and must verify all tenants before tenants can obtain a park pass.

Tompkins Center

The Tompkins Community Center offers residents an unique and picturesque venue for hosting a wide range of functions. There is a full-service catering kitchen along with updated restrooms and lighting fixtures in the banquet room. The Center is air conditioned and heated and also offers a gas fireplace. The newly added Atrium adds to the Center's capacity and ambience by providing patrons a beautiful view of the lake while dining.

The Center's seating capacity is 134. However, the Atrium now adds standing room capacity of up to 150. We provide tables, chairs, coffee pots, a sound system, 65 inch TV, wireless microphone, wifi and podium.

Please Note: Reservations may be made one year in advance from the current calendar date. Only weddings and wedding receptions can be reserved further in advance.

Monday – Thursday	\$400 from 1:00 pm – 1:00 am
Friday, Saturday, or Sunday Rentals	\$500 from 1:00 pm – 1:00 am
	\$750 (Memorial Day – Labor Day)
Weddings & Wedding Receptions	\$1,000 from 11:00 am – 1:00 am
	\$1,200 (Memorial Day – Labor Day)

Grosse Pointe Park Communicator

The Park Communicator is published four times a year - February, May, August and November by the City of Grosse Pointe Park. The Park Communicator is the voice of the City and City Council.

Mayor	Michele Hodges
Mayor Pro Tem	Tom Caulfield
Council Members	Brian Brenner, Tom Caulfield, Christine Gallagher, Marty McMillan, Vikas Relan, Max Wiener
City Attorney	Jake Howlett
City Manager	Nick Sizeland
Assistant City Manager	Warren Rothe
City Clerk/Finance Director	Jane Blahut
Parks & Recreation Director	Chad Craig
Editor	Mary Beth Hathaway
Assistant Editor	Chris Delmege

Editor's note - Any correspondence can be sent to:
15115 E. Jefferson
Grosse Pointe Park, MI 48230
Attn: Parks & Recreation

E-Mail to: hathawaym@grossepointepark.org
Phone: 313-822-2812 ext 302



CITY OF GROSSE POINTE PARK RESIDENTIAL DOWNSPOUT DISCONNECTION

WHAT IS DOWNSPOUT DISCONNECTION?

Downspout disconnection is the practice of disconnecting the downspout from a pipe or paved area to redirect water from rain and snow melt to areas where it can soak into the ground. The water from rain and snowmelt can overwhelm the sewer pipes, often leading to street flooding, basement backups, and sewage overflows directly into our neighboring water-ways. Disconnecting downspouts helps to reduce runoff and ultimately lessen the stress on the sewer system.



Example of a disconnected downspout

WHAT YOU NEED TO KNOW

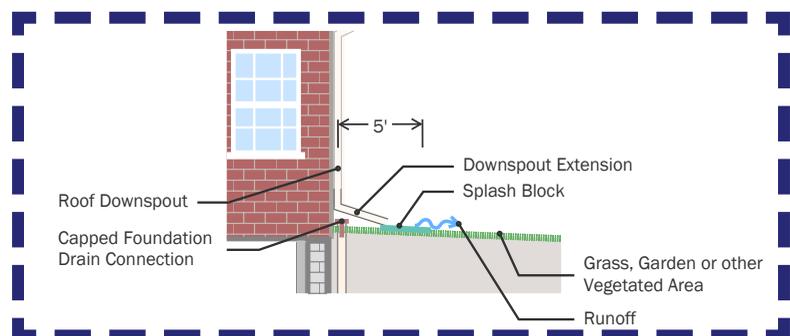
All residential downspouts connected to the City of Grosse Pointe Park Sanitary Sewer System must be disconnected and routed to pervious areas whenever possible.

Downspouts should direct water away from buildings and adjacent property, with discharge points located five feet from the buildings.

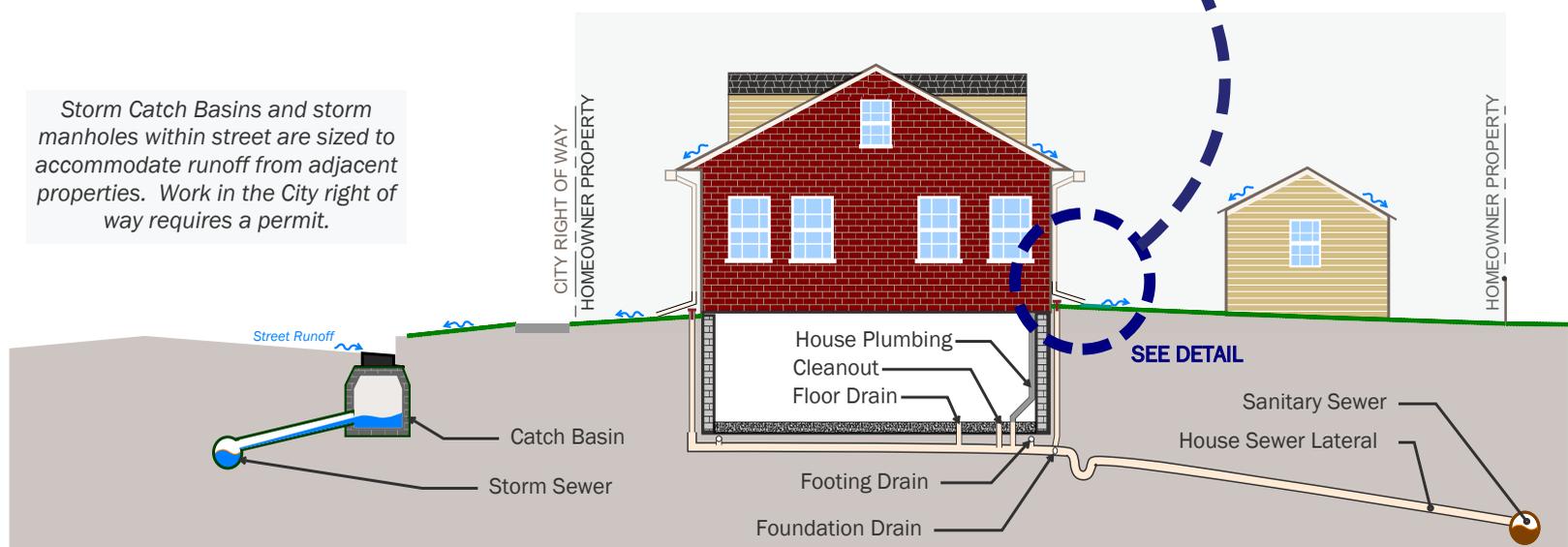
Residents are encouraged to use rain barrels, rain gardens and other green infrastructure to help infiltrate runoff.

Contact the City of Grosse Pointe Park DPW at (313) 822-5100 for assistance in evaluating downspouts and identifying possible areas to divert runoff.

DOWNSPOUT DISCONNECTION DETAIL



Storm Catch Basins and storm manholes within street are sized to accommodate runoff from adjacent properties. Work in the City right of way requires a permit.



CITY OF GROSSE POINTE PARK

RESIDENTIAL DOWNSPOUT DISCONNECTION

RECOMMENDED STEPS TO DISCONNECT YOUR DOWNSPOUT

- 1 Contact the City Building Department about completing a building permit.
- 2 Locate the connection between the downspout and the storm drain and measure 9 inches from where the downspout enters the storm drain pipe.
- 3 Cut the downspout with the hacksaw where it was measure and right above where the downspout enters the pipe.
- 4 **For Bell Shape Pipe:** cut a 1 foot by 1 foot amount of chicken wire and form it into a cup shape. Place it into the pipe just below the bell. Add crumpled newspaper on top of the mesh (to help ensure the concrete does not leak down into the sewer). Mix the concrete according to directions and add concrete until it is flush with top of bell.
- 5 **For Straight Pipe:** Cap the sewer pipe to prevent water from entering. A rubber cap secured by a hose clamp may be used. Use screwdriver or ratchet to tighten the cap until it is secure.
- 6 Insert the downspout into the elbow. If necessary, crimp the end of the downspout with a pair of pliers to get a good fit. Secure downspout with a screw or rivet.
- 7 A 5-foot downspout extension is recommended to carry stormwater away from foundations, sidewalks, and driveways. It is critical to ensure that the disconnected downspout does not cause a hazard or nuisance to neighboring properties.

MATERIALS NEEDED FOR DISCONNECTING DOWNSPOUTS

-  Work Gloves
-  Eye Protection
-  Dust Mask
-  Hacksaw
-  Measuring Tape
-  Marker
-  Pliers
-  Screwdriver
-  Downspout elbow and extension
-  Rubber cap with hose clamp
-  Concrete, chicken wire, newspaper, and a bucket

ADDITIONAL RESOURCES

Scan Here!

Sec. 7-10. "Certificate of Occupancy and Use".

It shall be unlawful for any person, firm or corporation to hereafter occupy or continue to occupy or for any person, firm or corporation to hereafter maintain occupied occupancy of any building, structure, or part thereof, for any purpose, unless a certificate of occupancy has been issued by the Building Department in respect to such dwelling or structure and such certificate has not expired or been revoked. A certificate of occupancy and use is required for any building, structure or part thereof which is used for any purpose other than that for which it was originally designed.

City of Grosse Pointe Park Permits



Detroit Water and Sewerage Department

Drainage Program Guide

Green Stormwater Infrastructure (GSI)



Downspouts should be disconnected from the rain pipes of the lawn or garden which do not soak into the ground. Downspouts should be disconnected and capped to reduce runoff from a property.

United States Environmental Protection Agency (EPA)

Note: Downspout disconnection may not be appropriate for all locations. Consider local



CITY OF GROSSE POINTE PARK

DOWNSPOUT DISCONNECTION PROGRAM

The City of Grosse Pointe Park has been working to address and remediate the flooding that resulted from the severe storm events in 2021. In addition, the City has been implementing preventive measures that are necessary to reduce the potential for flooding during future storm events. A crucial component for preventing flooding requires residents to participate in the Downspout Disconnection Program.

Downspout disconnection is the process of disconnecting downspouts from the City of Grosse Pointe Park Sanitary System and directing the runoff from rain and snowmelt to an area where it can soak into the ground. Downspout connections are significant contributors to basement flooding and are a tremendous expense for the treatment of stormwater. Redirecting downspouts to a pervious area will restrict stormwater runoff from entering and flooding the sanitary sewer system.

CONTACT INFORMATION Residents with questions or concerns regarding this work, please do not hesitate to contact the City of Grosse Pointe Park DPW.

City of Grosse Pointe Park
Department of Public Works
313-822-5100

CITY OF GROSSE POINTE PARK

15115 East Jefferson Avenue, Grosse Pointe Park, MI 48230 | www.grossepointepark.org | 313.822.6200

Summer Public Safety Reminders

Summer is finally here! This means we will be enjoying more activities outside all around our wonderful city. The Public Safety Committee (including Chief Jarrell, Deputy Chief Bostock, Council Members McMillan, Wiener and Relan) would like to remind everyone of some important safety practices to keep our city safe.

More kids will be on their bikes, giggling and pedaling away on the miles of sidewalks in our neighborhoods. As parents, we need to remind them to look both ways (twice), be alert and slow down at intersections. We also need to remember, as drivers, the importance of stopping properly, without crossing the stop signs. Please be sure to come to a complete stop BEFORE each crosswalk, then inch forward to check for oncoming traffic. It might make you stop more than once to get through the intersection or make a turn, but our bikers, pedestrians and children have the right of way, and drivers need to be alert and safe. Michigan law states "Stop at a clearly marked stop line, or, if there is no clearly marked stop line, stop before entering the crosswalk..." There will also be numerous landscaping service trucks out and about that lead to cumbersome pinch-points on our residential streets. Please slowly navigate around these, being mindful of any oncoming traffic, bikers, or pedestrians. Please also remember that the speed limit at our Park entrances and parking lots is set to 10 mph.

This time of year also allows us to walk, jog, and run much earlier and later than in the winter season. If you're out during dawn and dusk, please remember to wear light colors, utilize a blinking light, and/or put on a reflective band to alert drivers to your presence. If you are with your pets, equip them with a light or reflective collar too. Make yourself easy to see. Watch for an announcement regarding how to get a free reflective armband, thanks to a generous donor, from the Public Safety Department in May (limited to 2000).

We would like to remind adults and kids that phones are dangerous while biking and illegal while driving. Make it a practice to finish your texts while in your driveway or let it wait until you are parked again. Please remind our younger drivers (us adults too) that phones should be put away when operating a vehicle. This is a huge concern for our entire city and drastically improves safety.

We hope these friendly reminders can help us all to continue to be as safe as possible. We wish you a pleasant arrival of the summer months and want to say thank you for all you do to keep our Grosse Pointe Park residents, and yourselves, safe.

A Brief Refresher on Pedestrian Traffic Laws for Crossing Streets

From Director of Public Safety Bryan Jarrell

In Michigan, traffic laws are found in the Michigan Motor Vehicle Code (MVC), PA300 of 1949 (MCL 257.1 to MCL 257.923), and the Michigan Uniform Traffic Code for Cities, Townships, and Villages (UTC). Both of these documents have been adopted by Grosse Pointe Park as local ordinances.

The general rules for vehicles and pedestrians are that motor vehicles belong in the street and have the right-of-way in a street, and pedestrians belong on the sidewalk and have the right-of-way on a sidewalk. MCL 257.655 of the MVC states “Where sidewalks are provided, a pedestrian shall not walk upon the main traveled portion of the highway. Where sidewalks are not provided, pedestrians shall, when practicable, walk on the left side of the highway facing traffic which passes nearest.” The base rule is that pedestrians will not walk in the street.

But what if a pedestrian needs to cross a street? For these answers we need to look to the UTC where Part 7 deals specifically with pedestrians. “Every pedestrian who crosses a roadway at any point other than within a marked crosswalk at an intersection shall yield the right-of-way to all vehicles on the roadway.” (Rule 706). If a pedestrian crosses a roadway outside of a crosswalk they must yield to motor vehicles, cars have the right-of-way.

If a pedestrian is crossing at a crosswalk a different rule applies. First, we need to look at the definition of a crosswalk. Section MCL 257.10 of the MVC says a crosswalk is either “That part of a roadway at an intersection included within the connections of the lateral lines of the sidewalks on opposite sides of the highway measured from the curbs ...”, or “Any portion of a highway at an intersection or elsewhere distinctly indicated for pedestrian crossing by lines or other markings on the surface.” This second definition is commonly referred to as a Marked Cross Walk.

When crossing at a crosswalk “...the driver of a vehicle shall yield the right-of-way, slowing down or stopping if need be, to yield to a pedestrian crossing the roadway within a crosswalk when the pedestrian is on the half of the roadway on which the vehicle is traveling or when the pedestrian is approaching so closely from the opposite half of the roadway as to be in danger, but a pedestrian shall not suddenly leave a curb or other place of safety and walk or run into a path of a vehicle that is so close that it is impossible for the driver to yield.” (UTC Rule 702). If a pedestrian has left the curb and is in the street, drivers are required to yield the right-of-way. However, pedestrians cannot just enter the roadway in front of a vehicle when the vehicle cannot safely stop and yield.

The Grosse Pointe Park Mutants Need You



Mutants Assemble

We are getting ready to start another thrilling Mutant season. The “Mutants” are our summer swim team, which is comprised of residents ages 17 and under who already know how to swim and want to compete. Weekly dual meets are held against the neighboring Grosse Pointes and St. Clair Shores. For 2022 registration forms and information, please go to the Mutant website after April 1 at www.gppmutants.org and look for the 2022 Registration Form.

THE ANNUAL PARENT MEETING will be held on Wednesday, May 18 at 7:00 p.m. in the Okulski Family Theater. This is an optional informational meeting for new and returning swim team families. You may also register your swimmers at that time and save \$5 (a parent meeting special only), pre-order Mutant wear, and sign up to volunteer for team events and activities.

SWIM TEAM REGISTRATION AND TRYOUTS: Sunday, May 22 from 3:00 to 5:00 p.m. at the pool. (Rain Date: Wednesday, May 25 at 4:00 p.m.)

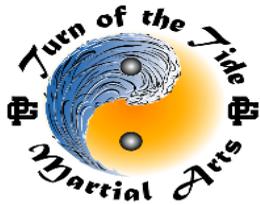
- Tryouts from 3:00 - 3:30 p.m. - Open to new swimmers only (not previously on the Mutants).
- Returning Mutants wishing to change levels can tryout starting at 3:30 p.m.
- Register your swimmers and sign up to volunteer.
- Order team swimsuits and other Mutant wear. (Team swimsuits are available for purchase, but are not required.)

SWIM TEAM FEES - Payable to “Grosse Pointe Park Mutants”:

1 Swimmer: \$125	3 Swimmers: \$300
2 Swimmers: \$215	4 Swimmers: \$350

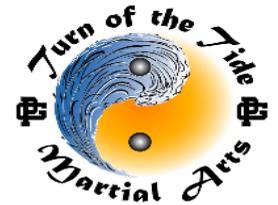
Grosse Pointe Park “Mutants” 2022 Meet Schedule

Wednesday	June 22 (Home) 5:30 p.m. GPW @ GPP
Saturday	June 25 (Mini Meet - Home) 9:00 a.m. GPF @ GPP
Wednesday	June 29 (Home) 5:30 p.m. SCS @ GPP
Wednesday	July 6 (Home) 5:30 p.m. GPC @ GPP
Saturday	July 9 (Relay Meet) 9:00 a.m. @ GPW
Wednesday	July 13 (Away) 5:30 p.m. GPP @ GPF
Saturday	July 16 (Mini Meet - Away) 9:00 a.m. GPP @ SCS
Wednesday	July 20 (Away) 5:30 p.m. GPP @ GPS
Monday	July 25 9:00 a.m. Prelims hosted by GPC
Tuesday	July 26 9:00 a.m. Prelims hosted by GPC
Wednesday	July 27 5:30 p.m. Finals hosted by GPC



Karate For Kids

Head Instructor: Lisa Santi
Instructors: Marino Santi/Francesca Ruggirello



Don't let your child be bullied. Learn self-defense and anti-bullying skills in all of our Turn of the Tide Classes.

The “Turn of the Tide” Martial Arts program teaches students how to gain confidence in themselves and their abilities. **Registration begins May 20.** Payment is due at sign-up and is non-refundable. For more information and to register online, visit the City website at: www.grossepointepark.org.

Mini Karate Camp - Week I (3 Days) June 21, 22, 23
 Tiny Turtles \$45 - 1:00 pm – 1:45 pm (45 min. class)
 Little Dragons \$55 - 1:45 – 2:45 pm (60 min. class)
 Mighty Vipers \$60 - 3:00 – 4:15 pm (1 hr. 15 min. class)
 Peaceful Warriors \$80 - 4:30 – 6:30 pm (2 hr. class)

Mini Karate Camp - Week II (3 Days) June 27, 28, 29
 Tiny Turtles \$45 - 1:00 pm – 1:45 pm (45 min. class)
 Little Dragons \$55 - 1:45 – 2:45 pm (60 min. class)
 Mighty Vipers \$60 - 3:00 – 4:15 pm (1 hr. 15 min. class)
 Peaceful Warriors \$80 - 4:30 – 6:30 pm (2 hr. class)

Full Karate Camp - Week I (5 days each) August 1, 2, 3, 4, 5
 Tiny Turtles \$75 - 1:00 pm – 1:45 (45 min. class)
 Little Dragons \$90 - 1:45 – 2:45 pm (60 min. class)
 Mighty Vipers \$100 - 3:00 – 4:15 pm (1 hr. 15 min. class)
 Peaceful Warriors \$135 - 4:30 – 6:30 pm (2 hr. class)

Full Karate Camp - Week II (5 days each) August 22, 23, 24, 25, 26
 Tiny Turtles \$75 - 1:00 pm – 1:45 (45 min. class)
 Little Dragons \$90 - 1:45 – 2:45 pm (60 min. class)
 Mighty Vipers \$100 - 3:00 – 4:15 pm (1 hr. 15 min. class)
 Peaceful Warriors \$135 - 4:30 – 6:30 pm (2 hr. class)

Single Day Sparring Camps - \$60 each (ages 9 and up)
 Monday, July 11 - 1:00 pm – 4:00 pm
 Monday July 25 - 1:00 pm – 4:00 pm
 Monday August 8 - 1:00 pm – 4:00 pm

Sparring Camp - Sparring camp is for ages 9 and up and is an opportunity for students to engage in partner drills. Students will learn how to move properly by focusing on footwork, timing and techniques. By participating in this class, students will be able to use what they have learned in regular classes and apply it in a practical manner. This class will also count towards the student's sparring requirement for Red Belt.

Camp T-Shirts!

You will be able to pre-order a camp t-shirt at class registration for \$15.00. This can be done at registration on site at the Lavins Center or through on-line registration. Payment (cash or check) should be made to Instructor Santi on the first day of camp. Remember, class registration begins May 20, 2022.

Tiny Turtles Karate Camp – This class is for new and returning students ages 4 & 5. Four and five year olds love playtime and physical activity. In this 45-minute class students will work on the skills and coordination needed to kick, punch, block, fall, and roll. Through fun games and drills students will gain the readiness needed to be successful in karate and other sports. Each student will get to break a karate board during this week.

Little Dragons Karate Camp – This class is for new and returning students ages 5 & 6. Basic self-defense, kicking, blocking, and striking skills will be covered along with karate games geared at building confidence, coordination and balance. Each student will get the opportunity to break a karate board during this week of training.

Mighty Vipers Karate Camp – This class is for new and returning students ages 7, 8, and 9. Basic self-defense, kicking, blocking, and striking skills will be covered along with karate games geared at building confidence, coordination, and balance. Each student will get the opportunity to break a karate board during this week of training.

Peaceful Warriors Karate Camp – This class is for new and returning students ages 10 and up. (Younger students who have reached the rank of 8th gup purple belt may participate with Instructor Santi's permission). Students will work on self-defense skills, kicking, blocking, striking skills and forms, along with required basics needed for belt advancement.

Parent's Day Demonstration

Saturday, May 21 from 1:00 to 3:00 pm
 Lavins Center Golden Gymnasium



30 Years of Martial Arts Excellence!

Pilates Summer Sessions – New Discounted 10 Week Sessions!

Pilates with Nicole

Tuesdays and Thursdays June 7 – August 25 (Note: Two Week Break from July 4 – 15)

New Discounted 10 Week Sessions - \$200

Essential/Intermediate Pilates Mat Class Tues/Thurs 9:00am-9:50am

Chair Fusion Pilates Tues/Thurs 10:00am-10:50am

Essential/Intermediate Pilates Mat Class

Taught by Nicole LeFever Hajdas, PT, Stott Pilates Instructor

Tuesdays and Thursdays – 9:00 am to 9:50 am

June 7 – August 25 (Two Week Break from July 4-15)

This class is ideal for someone interested in learning and actively applying the 5 Basic Pilates Principles and gaining the essential building blocks for a safe, effective and focused Pilates practice. We will explore the Stott Essential Exercise and Stott Intermediate Level repertoire with light props and specific instructor cueing to promote core stability, pelvic/scapular stability, muscle strength, flexibility, breathing and postural awareness. Come experience a wonderful, full-body workout that is fun and accessible to all! Just bring a mat and hand towel!

Chair Fusion Pilates

Taught by Nicole LeFever Hajdas, PT, Stott Pilates Instructor

Tuesdays and Thursdays – 10:00 – 10:50 am

June 7 – August 25 (Two Week Break from July 4-15)

Come experience a great Stott Pilates workout with modified chair exercises that will also incorporate some Tai Chi and Yoga elements! We will focus on core strengthening, posture, flexibility, conditioning and coordination in safe, yet effective, positions. Light props and a variety of exercises will keep things interesting and fun! Perfect class for the mature exerciser or someone recovering from surgery or injury (once cleared for exercise by their Physician.)

Fishing Rodeo

This fun filled event for young anglers 15 years and under will take place at Windmill Pointe Park on Saturday, July 9 from 9:30 - 10:30 a.m. Applications are available at Windmill Pointe Park starting Monday, May 9 and must be submitted by Wednesday, July 6. Great prizes and the thrill of landing “the big one” make this a fisherman’s delight! Lunch will follow this event from 10:30 - 11:00 a.m. along with event prizes/awards. The cost is \$10.00 per person which includes lunch.

Spring Perennial Plant Exchange

Sponsored by The Grosse Pointe Park Beautification Commission

Saturday, May 21, 2022 9:30 a.m. - 11:30 a.m.

Tompkins Community Center

Composting demonstrations. Master gardeners available to answer questions. Exchange planting ideas with fellow gardeners. No plants for exchanging? No problem, gardeners happily share their extras. Free mulch, courtesy of The City of Grosse Pointe Park, will be available at Windmill Pointe Park.

Tennis Lessons

Children’s Classes: \$50.00 per week (4 classes Tues - Fri)

9:00 a.m. - 10:00 a.m. Beginners (All ages)

10:00 a.m. - 11:00 a.m. Beginners (All ages)

11:00 a.m. - 12:00 p.m. Advanced (All ages)

Week I June 21 - June 24

Week II June 28 - July 1

No Class July 5 - July 8

Week III July 12 - July 15

Week IV July 19 - July 22

No Class July 26 - July 29

Week V Aug 2 - Aug 5

Week VI Aug 9 - Aug 12

The Parks and Recreation Department offers tennis lessons to children age 5 and older at Windmill Pointe Park. You may sign up for as many weeks as you want. All players must bring a can of tennis balls and their tennis racquet on the first day of class. Players will learn tennis rules and etiquette to use on the courts. Skills will be taught by incorporating games into lesson plans, making it an overall fun experience while learning this great sport.

Beginners: For the student who has little or no concept of the game or stroke, although student must be strong enough to hold a racquet. Students will be taught the stance, forehand and backhand strokes, serves and rules of the game.

Advanced: The student is expected to know the game and have playing experience. More time is spent with strategy and perfection of the game.

Rock Steady Boxing Program For People Living With Parkinson’s

Rock Steady Boxing Metro Detroit and Parkinson’s Movement Center is a non-profit organization offering exercise and movement classes to people with Parkinson’s and Parkinson’s plus diseases. We specialize in helping to bring a better quality of life to people living with Parkinson’s and their caregivers. Rock Steady Boxing is a non-contact boxing based program that incorporates gross motor movement, balance, core strength, coordination, fine motor, rhythm and cognition. The program is taught by head coach Deb Colling who has six years of experience teaching Rock Steady Boxing, Yoga for PD, and other Parkinson’s related classes. The program is adapted for all levels. Please contact Deb Colling at (248) 933-2347 for an assessment.

Our next 8 Week Session will start on Monday, June 6th and run through July 29th. (Participants may sign up for two day or three day per week options.) We need and appreciate volunteers as well. If interested, contact the Lavins Activity Center at (313) 822-2812, ext. 300.

Location: Lavins Activity Center Golden Gymnasium

Days: Mondays, Wednesdays and Fridays

Time: 11:00 am to 12:30 pm

Two Days: \$160

Three Days: \$220