2008 Chilly-fest
Saturday, February 9, Noon-3:00 p.m.
Patterson Park

If there was ever a day other than Christmas Eve, then this would be the one to hope for snow. And the more the better. But snow or not, the first Chilly-fest will be held at Patterson Park on Saturday, February 9 from noon to 3:00 p.m.

There will be a number of different venues with a variety of activities happening throughout Patterson Park all afternoon. The highlights of these activities are:

- Ice Skating to the music of a Disc jockey on the Hutton Ice Rink.
- Ice Sculpture demonstration at the Gazebo with three other completed pieces throughout the park.
- Snowman building contest and snowball target throw.
- There will be a snowboard demonstration (depending on the amount of snow on the ground) at the top of the sledding hill at 1:00 p.m.
- A continuous trolley ride pulled by a team of clydesdale or Belgium draft horses stationed at the picnic shelter.
- A pine cone bird feeder craft will be assembled at the restroom overhang.
- A hot dog and chili lunch will be on sale by the new park concessionaires in an enclosed tent on the tennis courts nearest the Lindell Lodge.
- Also available in the Lindell Lodge will be hot chocolate, muffins, cookies and brownies.

Be certain you join in on the fun and think snow!

New Zero entry wading pool and fountain planned for Windmill Pointe Park

With generous contributions from The Grosse Pointe Park Foundation, get ready for the new and much improved wading pool at Windmill Pointe Park!

We have our multi purpose olympic pool where we teach swim lessons, have lap lanes for lap swimmers, diving boards to show off your fancy dives, flips or belly flops, a bench with water jets and an open area for tag, standing on your head or just bouncing around on your toes.

We have our Splash Pad at Patterson Park which is a zero depth water playground. Water sprays sprout up from the ground and spray down from water features. The protective rubberized surface is gentle on the feet. Swim skills are not necessary for this aquatic delight and it refreshes all ages.

For the last 40 years, toddlers have enjoyed splashing around in our wading pool at Windmill Pointe Park. The city has decided to upgrade the pump room and construct a zero entry wading pool with side sprays spraying towards a center fountain that will cascade down to the center of the pool. Children will delight in the sloped beach type ramp leading to a maximum depth of 18”. They can stand under the side sprays, swim around the fountain or they can lounge on the sloped ramp. The tranquility of the fountain sounds and the pleasure from the children will surely be a sight to see.
The Park Communicator is published four times a year--February, May, August and November--by the City of Grosse Pointe Park. The Park Communicator is the voice of the City and City Council.

Mayor Palmer Heenan
Mayor Pro Tem Gregory Theokas
Council Members Daniel E. Clark, Shirley J. Kennedy, James Robson, Daniel C. Grano, Gregory Theokas, Robert Denner
City Attorney Herold Deason
City Manager Dale Krajniak
City Clerk/Finance Director Jane Blahut
Editor George Blair III

Editor’s note: Any correspondence can be sent to 15115 E. Jefferson, Grosse Pointe Park, MI 48230

Attn: Parks & Recreation  E-Mail to: blairg@grossepointepark.org  Phone: 313-822-2812 ext 201
The Police Beat
by Chief David A. Hiller

The goal of the members of the Grosse Pointe Park Department of Public Safety is to provide you the best service we can. But we can’t do it alone, we need your help. Residents have to realize that they can assist the police in our every day operation just by doing little things that can and will make a difference. We live in a great and safe community and we want to keep it that way. We want to provide you with a few tips that we believe will help us.

Larceny, which accounts for the majority of our reported crimes, is a crime of opportunity. If we can all help eliminate that opportunity, we will reduce larceny.

1. Take the time to lock your car doors; do not leave valuables in plain view.
2. Have the kids put the bikes in the garage at night and not on the front porch. Then make sure you close the door.
3. Do not leave the snow blower or lawn mower unattended while you just run into the house for a few minutes. Those few minutes often turn into hours.
4. When you leave the house for extended periods of time, close and lock the doors, turn on a few lights and make the house look occupied. Make sure newspapers and mail are picked up.
5. Contact neighbors when going out of town. Have them keep an eye on your house and you do the same for them.

We encourage our residents to contact us when they see suspicious persons in the neighborhood. You are our best source of knowing what should or should not be going on. Please don’t think it is a bother to us to check on someone that you think is acting suspicious.

We are making great strides in reducing the crime of auto theft. However, you also can help. Please do not go out and start your car to warm it up while you go back in the house. This is an excellent opportunity for a car thief to easily take the car.

Last, but certainly not least, is the issue of parking. We believe that nothing looks worse in the neighborhood than vehicles parked unattended for long periods of time. Our ordinances prohibit parking a vehicle on the street for an excess of 48 hours without being moved. Likewise, vehicles parked on private properties that are inoperable or being stored are also against the city ordinances. We will notify you of the violation or tag the car. Please take the necessary steps to resolve the matter before we have to.

On behalf of the members of the Police Department I want to thank you for the opportunity to work in such a great community. Together we can and will continue to make this a wonderful city to live and work in.

Mark your calendar

Registration for swimming and diving classes, tennis lessons, knapsackers and kayaking offered by The Parks and Recreation Department will be on Saturday, May 31 from 9:00 a.m. to 11:30 a.m and on Sunday June 1 from 10:00 a.m. to 11:00 a.m. at Windmill Pointe Park. More information to follow in the May Communicator.

Our Municipal Court
by Judge Carl F. Jarboe

The Grosse Pointe Park Municipal Court handles civil as well as criminal and traffic matters. Of 313 general civil cases heard by the Court in 2007, 89 were landlord-tenant matters.

Both the landlord and the tenant are required to honor the terms of the parties’ lease. A landlord must have a current certificate of occupancy (renewable every two years) and keep the premises habitable and in good repair. The tenant must keep rent payments current.

A landlord may never forcibly remove a tenant, including changing locks or turning off utilities. A landlord may start Court eviction proceedings after providing written notice of lease termination to the tenant.

A 24-hour notice of termination is required if the tenant is engaged in illegal drug activity, a lease provision allows for such termination, and a police report is filed. A 7-day notice is required for nonpayment of rent, extensive and continuing physical injury to property, or serious and continuing health hazard. A 30-day notice is required for violation of a lease provision that specifies termination or if the tenant remains in the premises after expiration of the lease term. If the tenant does not move out after the notice time period, the landlord may file a complaint with the Court.

A tenant served with a summons and complaint must appear in Court on the date and time specified in the summons. The time period is short – generally 3 to 10 days. The two most common defenses to an eviction proceeding are full payment of the rent due and failure of the landlord’s duty to keep the premises habitable and in repair. If the landlord wins the suit, the tenant must either make full back rent payment (if unpaid rent was the only issue) or leave the premises within 10 days. Otherwise, a Court officer will remove the tenant.

The Court has available a practical guide entitled Tenants and Landlords for landlord-tenant matters.

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For further information call Kathy Willmer at 822-4379.

Peronne Euchre
Classic IV
Friday, April 18, 2008
Tompkins Community Center

Dinner, beer, wine and a round robin tournament of Euchre makes this a fun evening of socializing, seeing old friends and making new ones. Cash prizes and a booby prize will be awarded.

All proceeds will be to the Grosse Pointe Park Foundation. For further information call Kathy Willmer at 822-4379.
SKATING LESSONS

This is the last session to enroll in our outdoor skating classes held at the Hutton Ice Rink at Patterson Park.

Snowplow Beginners
First time on the ice.
Ages 3 - 6 Noon - 12:30 or 12:30 - 1:00 pm
Tues. Feb. 26 March 4,11,18,25

Basic Skills Skaters
Must be comfortable with the basic forward and backward glide, snow plow stop, rocking horse, dip, getting up, swizzles, jumping and march.
Ages 6 - 8 4:00 - 4:30 pm
Tues. (the same dates as snowplow beginners)

Adult Skaters
All levels of adult skaters. 4:30 - 5:00 pm
Tuesdays after the basic skills skaters. The same dates.

All 5 week classes are $40. Class sizes limited for more individual needs.

Skate Guards
Skate guards are available for purchase in the Lindell Lodge.

TINY TOTS
Taught by Suzanne Piepszowski

Tiny Tots is a developmentally based gross motor class designed for children 18-36 months old. Along with their parents, the children learn how to move in fun and challenging ways while dancing to music and playing games with new friends.

SESSION II 6 weeks $48.00
Tuesdays 10:30-11:15 a.m.
February 26, March 4, 11, 18, April 1, 8

SESSION III 6 weeks $48.00
Tuesdays 10:30-11:15 a.m.
April 15, 22, 29, May 6, 13, 20

PIPSQUEAKS, P.E.
Taught by Suzanne Piepszowski

Pipsqueaks is a class for children 3-6 years old who are ready to move, dance and play independently from their parents. This is a great class designed to get their bodies moving in a fun and energetic way while learning new developmental skills.

Enrollment is limited to 12 children per class. If necessary, we can add an additional class on Tuesday or Wednesday depending on demand. We could add a 2:00-3:00 p.m. class either day. There must be at least 6 children enrolled to run a class.

SESSION II 6 weeks $48.00
Tuesdays 1:00-2:00 p.m.
February 26, March 4, 11, 18, April 1, 8

SESSION III 6 weeks $48.00
Tuesdays 1:00-2:00 p.m.
April 15, 22, 29, May 6, 13, 20

Adult Golf Instruction

This class is designed for beginners and for those of you who need to brush up on your skills. You will need to bring 4 clubs to the first class. A wood, 7 iron, pitching wedge and a putter. Practical hands-on instruction and video taping of each golfer will take place during each session. Golf lessons will be taught in the Golden Family Gymnasium accommodating up to 15 participants. Sign up early with your friends to reserve your spot!

Tuesdays, 5 classes   7:30 – 8:30 p.m.  $65.00

Session II   February 12, 19, 26, March 4, 11
Session III  March 18, 25, April 1, 8, 15

Instructor: Matt Bodde, Golf Pro at the Country Club of Detroit

Dodge Ball for Kids

Please note:
This program will be discontinued unless we have a minimum of 8 players in each age group!
Sign-up today!

It’s time once again to sign the kids up for a recreational game of dodge ball. This year, the game is going to be split into two time frames according to age.
The first age group will be five to seven year olds and run from 12:15-1:00, and the second age group will be eight to ten year olds, and run from 1:00-1:45.
Children should be prepared for forty-five minutes of running, ducking, catching, and throwing in an assortment of dodge ball fun. Players don’t need to worry about getting hit because all the balls that are used are soft coated foam balls. The instructor will explain the rules, monitor the games, set up the teams and introduce some stretching and warm-ups before the game. Sign up and pay at the Lavins’ Center Reception Desk by Wednesday, February 13, 2008.

Saturdays 12:15-1:00 p.m.  5-7 year old boys and girls
Saturdays 1:00-1:45 p.m.  8-10 year old boys and girls
4 weeks $17.00

Dates: February 16, 23, March 1, and last day March 8
Participants need to wear gym shoes and comfortable clothes.

Participants need to wear gym shoes and comfortable clothes.

Please note:
This program will be discontinued unless we have a minimum of 8 players in each age group!
Sign-up today!
Karate for Kids
Instructor: Lisa Santi
This popular martial arts program continues another season of learning, skill development and advancement. The “Turn of the Tide”, Martial Arts program works to teach students to gain confidence in themselves and their abilities. These classes are ongoing and new students are always welcomed. Classes are held in the gymnasium in the Lavins Activity Center. Class sizes are limited.

Forms Class
The Forms Class is designed for students to improve their Forms training. This class is offered to students who have attained the rank of Junior Red Belt or 9th Gup Blue Belt and higher. In this class students will perfect their current forms making them tournament quality and begin working on their next form. This class is good for both the student that enjoys the beauty of the art of “forms” and the student who struggles with forms and wants to improve in this area of their martial arts training. In a normal 8 week session of Karate, forms are practiced for two weeks. In this class we will work on forms every week helping you to improve and retain your training.

Beginners classes are for students ages 5 years to 8 years old that are new to Karate or have attained a Junior Ranking from Junior Yellow Belt to Junior Red Belt.

Advanced classes are for students 9 years old and up that are new to Karate or students that have attained the rank of 8th Gup Purple Belt and up.

Sparring class is for all students regardless of age or rank. Sparring class should be taken in conjunction with a beginner or Advanced Karate class.

Weapons class is for students who have attained the rank of 6th Gup Green Belt or higher and should be taken in conjunction with an Advanced Karate class.

Teen class is for all students born in or before 1995 regardless of rank.

Session III
Mondays - 4:15 p.m. Beginners Class - 1/28, 2/4, 2/11, 2/25, 3/3, 3/10, 3/17, 3/31
Mondays - 5:30 p.m. Advanced Class ages 9 & up. Same dates as above.

Tuesdays - 4:15 p.m. Beginners Class - 1/29, 2/5, 2/12, 2/26, 3/4, 3/11, 3/18, 4/1
Tuesdays - 4:30 p.m. Sparring Class. Same dates as above.
Tuesdays - 5:30 p.m. Advanced Class. Same dates as above.

Wednesdays - 4:15 p.m. Beginners Class - 1/30, 2/6, 2/13, 2/27, 3/5, 3/12, 3/19, 4/2
Wednesdays - 5:30 p.m. Advanced Class ages 9 & up. Same dates as above.

Thursdays - 4:15 p.m. Forms Class - 1/31, 2/7, 2/14, 2/28, 3/6, 3/13, 3/20, 4/3
Thursdays - 4:30 p.m. Weapons Class. Same dates as above.
Thursdays - 5:30 p.m. Teen Class. Same dates as above.
Thursdays - 7:45 p.m. Adult Class. Same dates as above.

Session IV
Mondays - 4:15 p.m. Beginners Class - 4/7, 4/14, 4/21, 4/28, 5/5, 5/12, 5/19, 6/2
Mondays - 5:30 p.m. Advanced Class ages 9 & up. Same dates as above.

Tuesdays - 5:30 p.m. Advanced Class. Same dates as above.

Wednesdays - 5:30 p.m. Advanced Class ages 9 & up. Same dates as above.

Thursdays - 4:30 p.m. Forms Class - 4/10, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22, 5/29
Thursdays - 5:30 p.m. Teen Class. Same dates as above.
Thursdays - 7:45 p.m. Adult Class. Same dates as above.

Karate for Teens
A teen karate class is now being offered that is designed just for you. Designed by teens for teens, each class will start with a fun warm up to music and then the traditional karate training that enhances the physical skills of strength, fitness, balance, coordination, and flexibility with the mental skills of focus, patience, courage, confidence, perseverance, respect, discipline and dedication being applied. Issues that teens face today and self defense techniques will also be woven into this specially designed class. Sensei Marino Santi will be co-teaching this class.

Please note: All Karate classes are $50.00

Karate Olympics: Saturday, February 2
11:00 a.m. to 5:00 p.m.
REGISTRATION DAY: MARCH 15 9:00 A.M.-NOON
LAVINS’ ACTIVITY CENTER
Parent’s Night/Karate Demonstration:
Friday, April 4, 7:00 to 9:00 p.m.

Gymnastics Class
Instructor: Barb Thomson
A class for Boys & Girls
Tumbling skills including rolls, cartwheels, handstands, headstands, etc. will be taught according to the skill level of the class. Emphasis will be on coordination, strength and flexibility. With positive reinforcement the students will gain the confidence to learn new skills.

Boys apparel: Shorts and T-shirt No shoes or socks
Girls apparel: Bike unitards preferably No shoes or socks

SESSION V 5 weeks $45.00
April 5, 12, 19, 26 May 3
SESSION VI 5 weeks $45.00
May 10, 17, June 7, 14, 21
Ages 5 - 10 11:15 a.m. - Noon
Registration and classes will be held at the Lavins Activity Center.
Want to get into shape, visit with friends, or just looking for a place to relax? The Lavins’ Activity Center offers many recreational options for residents to take part in year round. Memberships to the Meade Fitness Center for a weight and/or cardio workout to get into shape, or a Class Membership to partake in over 14 different classes like Yoga, Tai Chi, and Body Sculpting, just to name a few. Or if you’re just looking for a place to relax, the McKeever Lounge may be the place for you to sit back, relax and enjoy overlooking the park and watching the boats go by. Maybe you’re looking for a “night out at the movies”. The Okulski Family Theatre offers movies on the big screen! All this is just minutes from your doorstep!

**MEADE FITNESS CENTER**

Located on the second floor of the Lavins’ Activity Center is the Meade Fitness Center. Membership in the Fitness Center (workout room) can be purchased at the front desk in the Stevens Atrium. The Fitness Center has recently been expanded and offers a variety of weight machines, free weights and cardio equipment. It’s a great place to burn a few calories and have a fantastic view of Lake St. Clair while you’re at it. Certified Personal Trainers are also available to give you a complimentary assessment and orientation. You may also make an appointment for a Personal Training Session with them for a weight training program designed specifically for you.

The classes that make up the Fitness Class Membership are varied. They run the spectrum from Indoor Cycling to Fat Burning Fridays. If it’s your first time attending a class we strongly suggest that you arrive 15 minutes earlier than class is scheduled to sign up, meet the instructor and find out the class routine. Fitness class memberships can be purchased at the front desk in the Stevens Atrium and classes are conducted in the gym. A monthly calendar/schedule is available in the Lavins Activity Center lobby for class days and times. Classes are ongoing unless otherwise noted.

**Locker Rooms**

The Lavins Activity Center has locker rooms to shower and change in if you choose. Locks for the lockers are available free of charge at the front desk. Simply leave your park pass with the front desk while you use the lock. Please do not leave locks on lockers overnight as these lockers are used by all for other Lavins Activity Center programs.

**Membership prices**

A combined Fitness Center AND Class Membership can also be purchased.

See below for current prices.

**Personal Training Sessions** can be arranged at the front desk.

Single sessions are $55.00 and a Three Session Packet is $150.00.

**Fitness OR Class Membership Pricing**

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<thead>
<tr>
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<th>Annual</th>
<th>Quarterly</th>
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<tbody>
<tr>
<td>Students Ages 16-18 &amp; College Students</td>
<td>$240.00</td>
<td>$  75.00</td>
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<tr>
<td>Adults 19-59</td>
<td>$348.00</td>
<td>$105.00</td>
</tr>
<tr>
<td>Seniors 60 and Over</td>
<td>$240.00</td>
<td>$  75.00</td>
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<tr>
<td>Couple</td>
<td>$596.00</td>
<td>$160.00</td>
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<tr>
<td>Senior Couple (both must be seniors)</td>
<td>$380.00</td>
<td>$125.00</td>
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**Combined Fitness and Class Membership**

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<th>Annual</th>
<th>Quarterly</th>
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</thead>
<tbody>
<tr>
<td>Students Ages 16-18 &amp; College Students</td>
<td>$340.00</td>
<td>$130.00</td>
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<tr>
<td>Adult</td>
<td>$448.00</td>
<td>$155.00</td>
</tr>
<tr>
<td>Seniors 60 and Over</td>
<td>$340.00</td>
<td>$130.00</td>
</tr>
<tr>
<td>Couple</td>
<td>$696.00</td>
<td>$215.00</td>
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<tr>
<td>Senior Couple (both must be seniors)</td>
<td>$480.00</td>
<td>$180.00</td>
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**One Month trial** $40.00  
**Single day pass** $10.00

**Gym Rentals**

Occasional Half-Court gym rentals of the Golden Family Gymnasium are available. Reservations may be made 72 hours in advance (maximum) for basketball, volleyball, badminton and running games. The fee is $20 per hour for half the court. Park passes are required for access to the park and the Lavins’ Activity Center. Park Passes will be asked for at the reception desk to prove residency. Patrons can invite one non-resident per resident for gym rental activities. However, non-residents must arrive WITH residents; otherwise they will be denied entry. Passes will be collected and held at the desk. The maximum number of people in the gym is limited to 25 persons per side.

Proper tennis or gym shoes are required and shirts must be worn. If you are under the age of 18 you will need your parent/guardian to be in attendance while you play.

Water bottles are permitted in the gym, but no other food or drinks are allowed. Basketball and volleyball are available. A complete list of gymnasium rules is posted at the front desk.

**The Okulski Family Theatre**

The Okulski Theatre offers a variety of movies on the BIG SCREEN. Call 822-2812 and press Ext. 1, to hear the latest upcoming movie titles, times and dates. The aroma of freshly popped popcorn and convenience to home are sure-fire reasons to make it a date.

**Ticket Prices:**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Price</th>
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<tbody>
<tr>
<td>Adults</td>
<td>$6.00</td>
</tr>
<tr>
<td>Children under 12</td>
<td>$5.00</td>
</tr>
<tr>
<td>Seniors over 60</td>
<td>$5.00</td>
</tr>
<tr>
<td>Matinee (Movies starting before 5 p.m.)</td>
<td>$4.00</td>
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</tbody>
</table>

Tickets are available for advance purchase on the same day.

The guest policy is one non-resident guest to each attending resident and guests must arrive with the resident to gain access to the park. Residents are encouraged to arrive early as movies start promptly at listed times. Teens are advised to have their park pass available for PG-13 rated movies.
Toning With Weights (Taught by Jane Blahut)
Monday, Wednesday & Friday 6:00-7:00 a.m.
Saturday 9:30-11:00 a.m.
This class is beneficial to both men and women. You will tone all the major muscle
groups to help you lose unwanted pounds and inches. Muscle is your
“fat burning machinery”!

Body X-Cellence(TM) (Taught by Beverly Ruskus)
Monday & Wednesday 6:30-7:30 p.m.
Saturday 8:15-9:15 a.m.
This class includes aerobics to get in your heart rate zone and burn a few calories. Weights
and tubing for upper and lower body strength and toning. Pilates, exercise ball and
rebounding for balance and core work. Yoga for flexibility and R.O.M. Cool down and
relaxation.

Indoor Cycling® (Taught by Jane Blahut, Carrie Moore, Cristi Henderson & Mary Lutfy)
Tuesday & Thursday 6:00-6:45 a.m. and 6:40-7:25 p.m.
Monday, Wednesday & Friday 8:30-9:15 a.m.
Saturday 7:00-8:00 a.m.
These classes are popular with our members. We guide you through challenging
rides that build endurance and leg strength. Come along for the ride! Be sure to arrive
at least 10 minutes early for bike set-up and instruction. *This class is limited to
available bikes. However, you may reserve a bike 24 hrs. in advance of this class.

Step With Weights (Taught by Kelly Maher)
Monday 9:15-10:15 a.m.
This 60 minute class will shape and sculpt your entire body. It includes 30 minutes
of cardio sculpt with weight and step bench and 30 minutes of lower body training
(abs, glutes and hamstrings).

Yoga-Lates (Taught by Kelly Maher)
Wednesday (in McKeever Lounge) 9:15-10:15 a.m.
We use various kinds of equipment: Resist-a-ball, light weights and other
resistance equipment to reach a higher state of conditioning. The workout begins
with a warm up and then moves on to a combination of yoga, pilates and weights.
No intense cardio.

Power Yoga (Taught by Mary Walsh/Carrie Moore)
Monday & Wednesday 7:40:48:40 p.m.
Tuesday and Thursday (in lounge) 9:15-10:15 a.m.
This class is physically challenging with flowing sequences of yoga postures.
It is designed to enhance strength with flexibility, while reducing stress and invoking
a sense of calmness and inner peace.

Mobile Body (Taught by Beverly Ruskus)
Tuesday and Thursday 11:30-12:30 a.m.
This class is for beginners and those who want to work at a lower intensity and strength.
It’s a complete workout that will encompass movement from mobility to a slow stretch.
It’s an ideal class for seniors.

Tai Chi (Taught by Arlene Wetherby)
Monday (in McKeever Lounge) 12:30-1:30 p.m.
Tuesday (in McKeever Lounge) 6:30-7:30 p.m.
This is a famous tradition of “soft style” Chinese martial arts. This training
concentrates on relaxed breathing techniques, looseness, coordination, stability
and balance to generate power for self-defense applications.

Body Sculpting (Taught by Mary Walsh)
Tuesday & Thursday 8:30-9:15 a.m.
This class is designed to strengthen the major muscles, stabilizers and assistors
of the body. It will help you create a balance of strength and flexibility necessary to
maintain a healthy, active lifestyle. All levels welcome!

Fat Burning Fridays (Taught by Kelly Maher)
Friday 9:15-10:15 a.m.
This is a class combining strength training tools, yoga postures and core
conditioning to increase heart rate without impact.

NEW! Cardio Mix (starting January 15) (Taught by Cristi Henderson)
Tuesday & Thursday 9:20-10:20 a.m.
Mix up your workout with a variety of cardio that will keep you moving! This class
will alternate intervals of intermediate cardio with glutes and abs for a full body workout.
Open to all fitness levels.

SPORTS

SPORT SPECIFIC TRAINING
(Ages 12 to 16)
Taught by Matthew LaCroix

This class is designed for teens interested in sport specific training. It doesn’t matter
what sport; hockey, tennis, football, soccer, etc. It will separate training science from
training myths. The class focus will stress the importance of proper posture, stretching
and warming up while helping each student strengthen and build the supportive muscle
groups for their particular sport. Class limit is 6 students per class (for more one-on-one
instruction). So sign up soon! If necessary, we will add more class times.

Session I Wednesdays 4:00 – 5:00 p.m. $50.00
February 13, 20, 27, March 5 & 12

Session II Wednesdays 4:00 – 5:00 p.m. $50.00
April 2, 9, 16, 23 & 30
“Keep your Resolution Challenge”

Want some help keeping that New Year’s Resolution? Come and join our “Keep Your Resolution Challenge”!

The basic idea of the challenge is for us to help you reach and maintain your fitness goals for the new year and have you ready for the pool deck by Memorial Day!

Here’s how the Challenge will work:

1. The Kick Off date is Saturday February 9, 2008. Our Personal Trainers will hold a Sign-Up and Informational meeting that day at 11:00 a.m. At this meeting the trainers will help you set your goals, take your beginning statistics (which will be kept confidential), take a body fat percentage measurement (optional) and help you get started on the right track.

2. The Challenge will run from February 9 to May 3.

3. There is a $5.00 charge per participant which will later be part of the First Place Winner’s Prize.

4. At the halfway mark (Saturday, March 15) trainers will check your progress.

5. Helpful training tips will be posted on the fitness room bulletin board and we will be hosting special events such as health and nutritional talks from area professionals as well as a Spa Day!

6. The ending statistics will be taken on Saturday, May 3 and the winner will be posted on Saturday May 10.

7. The winner will be the member that makes the most change in their body composition and who comes the closest to reaching his/her goals.

**First Place** Receives the CASH taken in from the Challenge, ONE FREE MONTH added to their membership, ONE FREE PERSONAL TRAINING SESSION and a FREE T-SHIRT.

**Second Place** Receives ONE FREE MONTH added to their membership and a FREE T-SHIRT and TOWEL.

**Third Place** Receives a FREE T-SHIRT and TOWEL.

**COME LET US HELP YOU KEEP YOUR NEW YEAR’S RESOLUTION!!!**

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The Afternoon Out movies have been such a success that we are continuing them through April! Come join us for complimentary coffee and cookies before or after the film. The next series of FREE movies are at 1:00 p.m. on the following Wednesday dates:

- **February 6** “The Sound Of Music” (starring Julie Andrews and Christopher Plummer)
- **February 20** “The Wizard of Oz” [Please note](starring Judy Garland and Jack Haley)
- **March 5** “Amadeus” (starring F. Murray Abraham and Tom Hulce)
- **March 19** “Out Of Africa” (starring Meryl Streep and Robert Redford)
- **April 2** “My Fair Lady” (starring Audrey Hepburn and Rex Harrison)
- **April 16** “Singin’ In The Rain” (starring Gene Kelly, Donald O’Conner and Debbie Reynolds)

*School Break! Bring the children or grandchildren to this one! Due to the School Break we will be having regular concessions.

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**Grosse Pointe Park “Mutants” Swim Team News**

Winners of 5 consecutive Championships

The summer swim team, the Grosse Pointe Park Mutants is open to all residents 17 and under. Competitive meets are held with the neighboring Grosse Points and St. Clair Shores.

After February 4 we will have forms available to you to download. Please fill them out and turn in along with the team fees to the addresses provided.

Please go to the new mutant webpage at [www.gppmutants.org](http://www.gppmutants.org) or [www.grossepointepark.org](http://www.grossepointepark.org) and click on Parks & Recreation then on the Mutant swim team link and go to forms.

Taking care of these forms and payments in advance will eliminate long lines on our registration day.

On Wed. May 21 at 6:00 p.m. in the Okulski Theatre we will have our parents meeting where you can meet the coaches, learn about the swim team, ask questions and sign your child up if they are new or if you haven’t done so already.

On Wed. May 28 we will have tryouts from 4-6:00 p.m. at the pool and at this time purchase a Mutant suit for your swimmer and mutant wear if you desire.

Swim Team Fees are: (please make out 2 checks)

- 1 swimmer: GPP Mutants $40.00 City of Grosse Pointe Park $30.00
- 2 swimmers: GPP Mutants $56.00 City of Grosse Pointe Park $50.00
- 3 or more swimmers: GPP Mutants $72.00 City of Grosse Pointe Park $60.00

If you have any questions you can call John Smith the swim team Parent Committee Chairperson at 884-1644 or Terry Solomon at 822-2812 x200.
**Camp Wind-Y-Mill**  
*Saturday, May 17, 2008*

*Windmill Pointe Park*

Get out of the house and “rough it” at an outdoor sleepover at Windmill Pointe Park. Check-in is on Saturday, May 17 at 2:00 p.m. Find your site, set your tent up and let the kids fish, play in the park and enjoy a camping experience minutes from home. Later in the evening we will have organized games and our popular campfire with the “Merry Music Maker” providing entertainment. No campfire would be complete without smores. All the makings to enjoy them will be provided.

Rise with the sun and with an appetite on Sunday and join us in the Tompkins’ Community Center for a wonderful breakfast. Check out time is 2:00 p.m. on Sunday.

Sites are limited, so be sure to come to the Parks and Recreation office during office hours (Monday-Friday 8:00 a.m. to 4:00 p.m.) to select your campsite, pick up your paperwork and pay the $25 campsite fee.

This is a wonderful family event for those of you who enjoy being outdoors.

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**REGISTRATION FOR CLASSES AND EVENTS**

Please do not use for Karate

Name: ____________________________  
Age: ________

Name: ____________________________  
Age: ________

Address: __________________________

Phone: ____________________________

Class/Activity: ______________________

Amount: $__________

Please make check payable to and mail to:  
City of Grosse Pointe Park  
15115 E. Jefferson Ave.  
Grosse Pointe Park, MI 48230  
Attn: Parks & Recreation

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**Windmill Pointe Park Egg Scramble**

*Wednesday, March 19, 4:30 p.m.*

All children 8 years of age and under are invited to our outdoor egg scramble on Wednesday, March 19 at Windmill Pointe Park. The scramble will begin promptly at 4:30 p.m. rain or shine. Plastic bunny eggs will cover the grounds waiting to be found and turned in for candy and surprises. Egg collection bags will be provided as the children arrive.

This event is for the children. Parents are asked not to hunt for eggs but are welcome to videotape this event. Also, be sure to have their picture taken with Mr. & Mrs. Bunny and visit our assortment of farm animals for petting and feeding.

Tickets for this event are $5.00 per child and will be available starting February 18 at the outside gatehouse at Windmill Pointe Park. You may also purchase tickets by mailing your check with the registration form on this page.

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**Calendar Hi-lites and other dates of note!**

A reminder of pertinent dates & events coming up in our city. Please note the dates that may be of interest to you or your family.

- **February 9  2008 Chilly-fest**  
Patterson Park  Noon - 3:00 p.m.

- **February 18  Presidents Day**  
City offices closed

- **March 7  Pajama Party with the Merry Music Maker**  
Golden Gym at the Lavins’ Center  
7:00 - 8:00 p.m.

- **March 9  Daylight Saving Time begins**

- **March 19  Egg Scramble**  
Windmill Pointe Park  4:30 p.m.

- **March 21  Good Friday**  
City offices closed

- **April 15  Marina opens for 2008 season**
Board of Review

The 2008 Board of Review will meet on March 18 and 19, 2008. Hearings are by appointment only. Property owners will receive assessment notices approximately 10 days prior to the meetings. Notices will have instructions to schedule an appointment. 2008 S.E.V.’s will be based on a one year sales study (Oct 1, 06 to Sept. 30, 07) this is a change from the traditional 2 year sales study. Using the one year sales study indicates an average decrease of 12.76%

The Board of Review can not alter an assessment without valid evidence that an assessment is incorrect. The petitioner (taxpayer) must be prepared. Sales of comparables should not differ from the subject in size, age or quality or sales period.

All decision by the Board are for the current year. Their decision will be mailed approximately 4 weeks after the close of the board. The next step in the appeal procedure would be to the Michigan Tax Tribunal. The deadline to appeal to the tribunal is July 31. Only assessments reviewed by the local board can be appealed to the tribunal.

Remember, you’re not just fertilizing your lawn

Storm drains found in our streets and yards empty into our lakes and streams. So, when we fertilize our lawn we could also be fertilizing our lakes and streams! While fertilizer is good for our lawn, it’s bad for our water. Fertilizer that enters our lakes and streams can cause algae to grow and use up oxygen that fish need to survive. So, what can you do to help? Simple.

- **Sweep it**: Sweep excess fertilizer and grass clippings from pavement back onto your lawn so that they don’t wash into storm drains.
- **Buy low and go slow**: First, find out if you even need fertilizer. Contact the Michigan State University Extension office to get a soil test. If you need it, choose a fertilizer with low or no phosphorus as phosphorus causes algae growth. You can also use an organic or slow release nitrogen fertilizer, which causes less harm to water.
- **Hire smart**: Select a lawn care service that follows the practices noted above.
- **Mow high**: Keep your lawn at three inches in height. Taller grass strengthens roots and shades out weeds. Also, remember that the nutrients from grass clippings left on your lawn act as a great fertilizer.
- **Make fertilizer-free zones**: Keep fertilizer at least 20 feet away from the edge of any lakes, streams or storm drains.

Snow Removal

As a courtesy to homeowners, snow and ice is cleared from sidewalks. In the event that the city is not able to do so, the occupant and or owner of every lot adjoining any street shall clear all ice and snow within (12) hours after it ceases to fall.

Understanding the Assessment Cap

The passage of Proposal A in March of 1994 drastically changed the property assessment and taxation system. One such change is the “assessment cap.” The language in Proposal A stated that, starting in 1995, the taxable value can be increased only by the amount of the consumer price index (C.P.I.) or 5% (whichever is less). However, other laws still require that the State Equalized Value (S.E.V.) is to be 50% of the current market value. Since 1982, the S.E.V. and assessed value have been virtually the same. The capped value and the S.E.V. could be totally different.

As a result, there will be three different “values” recorded for each property: the State Equalized Value; the Capped Value; and the Taxable Value. PROPERTY TAXES ARE CALCULATED ON THE TAXABLE VALUE.

Since 1995, the Assessor has still been required to estimate the market value of every property and record 50% of that as the State Equalized Value. In addition, the Assessor is required to multiply individually each years taxable value by the C.P.I. (2.3) for 2008 to calculate each individual Capped Value. The lesser of the two will be the taxable value.

Structural items not previously assessed, for example new construction, are to be added to the new values. The capping process continued until ownership is transferred. When this occurs, the taxable value and State Equalized Value will be the same figure & should represent 50% of the USUAL market value. Legislation states that the actual sales price must not be the sole basis of the new S.E.V.

**TO SUMMARIZE:** STATE EQUALIZED VALUE (S.E.V.) is half of the appraised market value

- **CAPPED VALUE (C.V.)**
  Last year’s taxable value increased by the amount of the Consumer Price Index (max of 5%) plus construction changes.

- **TAXABLE VALUE (T.V.)**
  The lesser of the State Equalized and Capped Values

Is your money going down the drain?

Do you have a high water bill? Think you have a leak? Here is a simple test you can perform.
- First, turn off all faucets and water-using appliances.
- Locate your water meter and look at the meter dial.
- Note the position of the sweep hand or the read on the meter.
- Wait 20-30 minutes, don’t use any water, and re-check the read on the meter, if it has changed, you may have a leak somewhere in your system.

Common Sources of Leaks
- Your toilet may have a silent leak. Drop a little food coloring into the tank, or use the toilet tank leak detectors located at City Hall. Wait about 10 minutes without flushing. If color appears in the bowl, you have a leak.
- Check for mist spots around and under the house plumbing.
- Replace worn washers in faucets and showerheads. Even a small drip can waste as much as 170 gallons of water each day, or 5,000 gallons per month.
The Tompkins Community Center

The Tompkins Community Center is located at Windmill Pointe Park. The Center’s main function is to host parties. The Centers capacity is 129 people, and can comfortably seat 100 people. It is available for Park residents to rent for various family functions.

Rental rates for 2008 are:

- Monday - Thursday (daytime or evening function) $250.00
- Fri., Sat., & Sun. 1:00 p.m. - 1:00 a.m. $350.00
- Wedding Receptions $550.00
- Monday - Thursday hourly rate (up to 3 hours maximum) $75.00 1st hour $50.00 per hour after.

For additional information or reservations please call 822-2812 ext 201.

Lavins Activity Center Rentals

The Lavins Activity Center can be rented for various functions when it is not scheduled for parks and recreation activities, classes or events. Reservations are requested to be made at least 1 month in advance. For complete details please stop in at the reception desk in the Stevens Atrium.

Capacity:
- Okulski Theatre: 138 persons
- McKeever Lounge: 25 persons
- Power Point presentation: 40 persons

Fees

- Movie theatre rental for up to 35 people $160.00 (min)
- Each additional person $5.00
- Theatre for power point (8-noon or noon to 4) $160.00
- Power Point for 8 hours $320.00
- Lounge for 3 hours $ 75.00
- Full Gym w/other rental if available (one hour, limited activities) $50.00
- Security Deposit required for all theatre and lounge rentals. $175.00
- Checks/payments must be in the renting residents name and they must be in attendance at the event.

Please call 822-2812 ext 300 for further information.

Branching Out!

Tree sale 25th Anniversary

The City of Grosse Pointe Park’s Beautification Commission spearheads many activities throughout the year. One of the oldest and more popular one is the annual tree sale. In fact, this year marks the 25th anniversary of the tree sale. It was in 1983 when a new member to the Commission, Jerry Abbs, convinced other members that although the city was doing a great job replacing the dead elms on city property, residents needed more incentive to replace trees on their own private property. A way to achieve this goal would be to offer desirable trees at the city’s cost, which is considerably cheaper than retail.

Originally, there were two tree sales a year; one in the spring and again in the fall. In 2000, they were consolidated into one large sale in the late spring. From Acer to Zelkova, there has always been an excellent diversity to choose from, including some very unusual species that are hard to find like yellowwood, ginkgo and tulip trees. Unfortunately, ash was a staple on the order form throughout the 80’s. Don’t expect to find ash on this year’s order form. For the last several years, one of the more popular species offered has been the new disease resistant American elms such as the ‘Princeton’ elm, which we are offering again this year.

In honor of the 25th anniversary of the tree sale, the Beautification Commission, Forestry Department and the Parks and Recreation Department are joining forces. The pick up date will be May 17 to coincide with the opening day of the West Park Farmer’s Market. Instead of Windmill Pointe Park, the pick up location will be the new municipal parking lot on Kercheval between Beaconsfield and Lakepointe. The pick up time will be between 9:00 am and noon that day. When you come to pick up your tree, be sure to bring a vehicle large enough to put it in. A pick up truck is highly recommended.

Fill out the order form on the back page of The Communicator. Orders must be received by Arbor Day, Friday, April 25. Make a difference, plant a tree.

West Park Farmer’s Market

The West Park Farmer’s Market will begin its 5th season on Saturday, May 17 providing city residents and our neighboring communities with farm fresh produce and fruits, plants, flowers, hanging baskets, craft items and the opportunity to shop in the Kercheval business district.

The Market hours will again be from 9:00 a.m. until 1:00 p.m. and several special event days will be scheduled throughout the summer. The market manager, Jennifer Meldrum, will have further information and dates in the next issue of the Communicator.

Contact Jennifer Meldrum at meldrumj@grossepointepark.org

Grosse Pointe Sail Club

Established on September 12, 1948, The Grosse Pointe Sail Club is celebrating their 60th year of sailing history in the Grosse Points.

We continue with our credo to encourage and promote sailing, boating, safe navigation, sportsmanship, and competition in sail racing and to encourage camaraderie and fraternity among persons interested in sailing and boating.

After a very successful summer of Tuesday night races and a Regatta, we held our usual festivities and snow arrived, we enjoyed some winter gatherings including a Holiday Party for our persons interested in sailing and boating.

Why don’t you consider joining the Grosse Pointe Sail Club? We have a lot of fun all year round and are always looking for new members. If you don’t own a boat, we can get you to ride and crew on a member’s boat. This is a great way to meet new friends and take advantage of our beautiful Lake St. Clair, a pearl in the Great Lakes chain. If you would like to inquire about joining the Grosse Pointe Sail Club please call Steve Liroff at 313-714-2703.
ANNOUNCING GROSSE POINTE PARK
BEAUTIFICATION COMMISSION’S
2008 TREE SALE

Sale for Park residents only. Supplies are limited and orders will be filled on the basis of date and time received at the Park Municipal Building.

Snowdrift Crabapple (*Malus ‘Snowdrift’) Profuse pink buds become white flowers in Spring, then glossy green foliage turning yellow in fall. Ornamental 3/8” yellow fruit persists into Winter and is attractive to birds. Grows to 20’ H x 20’ W. Containerized 6’ - 7’ tall.


Princeton American Elm (*Ulmus americana) Highly resistant to Dutch elm disease. Grows very fast. Large growing tree with majestic vase-like crown at maturity. A breakthrough in the long fought battle to restore American elms to the USA. Containerized approx. 3’ tall.

ORDERS MUST BE IN BY ARBOR DAY, FRIDAY, APRIL 25

Return to Brian Colter, City Forester, 15115 East Jefferson, Grosse Pointe Park, MI 48230, together with your check and a SELF-ADDRESSED, STAMPED ENVELOPE so you may be advised of tree pick-up dates. Don’t forget to include your phone number!

Make check payable to the City of Grosse Pointe Park in the full amount.

<table>
<thead>
<tr>
<th>Tree Type</th>
<th>Quantity</th>
<th>Price</th>
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<tbody>
<tr>
<td>Snowdrift Crabapple</td>
<td>________</td>
<td>$35.00</td>
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<tr>
<td>Robinson Crabapple</td>
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<td>Weeping Cherry</td>
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<tr>
<td>Princeton American Elm</td>
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TOTAL $_________

Name________________________________ Phone #__________________ Total amount enclosed $_________

No guarantees implied

SPRING PERENNIAL PLANT EXCHANGE
SPONSORED BY THE GROSSE POINTE PARK BEAUTIFICATION COMMISSION
Saturday, May 17, 10:00 a.m. - Noon Tompkins Community Center

Composting demonstrations. Master gardeners available to answer questions. Exchange planting ideas with fellow gardeners. No plants for exchanging? Gardeners happily share their extras. Free Mulch courtesy of the City of Grosse Pointe Park will be at Patterson Park.

For more info visit www.grossepointepark.org or select “current information” at www.bcsem.org