Join us at the Chilly Fest for outdoor fun at both parks. The more snow the better! When you enter the parks you will be given “event give-away coupons.” Visit each event or demonstration and place your filled out coupon in the box provided for a free gift! Highlights are:

- Ice skating to the music of “Circuits of Sound” on the Hutton Ice Rink
- An ice sculpture demonstration with completed sculptures on display
- Snowman building and snowman target throw
- Face Painting
- Snowboard demonstration (depending on the amount of snow on the ground) at the top of the sledding hill at 2:00 pm.
- Snow shoes to walk around the Park
- Crafts
- Ice fishing at Windmill Pointe Park
- Horse drawn trolley rides at both Parks
- The Parks & Recreation Staff will be making and serving the chili, hot dogs and fixings at the Tompkins Center where you can have lunch and warm up from the cold.
- S’more Station
- Games
- Snowmobile pulls (weather permitting)

We are always looking for enthusiastic volunteers to help with this winter event. If you are interested, please call Terry Solomon at 822-2812 x 200.

The 2010 Lakefront Swimming Association Finals were hosted by Grosse Pointe Park and the Grosse Pointe Park Mutants recaptured the championship from Grosse Pointe Farms after a two year break. Before that time the Mutants had won the LFSA 5 consecutive years. The Mutants certainly made the most of their chances in this year’s meet held July 27th - 28th. In the 56 events that comprised the two day event, over 2 dozen new records were established. The Mutants managed to win high point age group awards in each of the “17 and Under” and “14 and Under” boys and girls divisions. Congratulations to all the Mutants and thank you to everyone involved for making this season a “winner”. Stop by the showcase in the Lavins Activity Center to see the 2010 Championship team photo!
### CITY PHONE NUMBERS

<table>
<thead>
<tr>
<th>911 - EMERGENCIES ONLY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Municipal Offices - Automated Telephone System:</strong></td>
</tr>
<tr>
<td>Main Number......................313-822-6200</td>
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<tr>
<td>0 - For the operator</td>
</tr>
<tr>
<td>1 - Public Services, Building Department and Assessment</td>
</tr>
<tr>
<td>2 - Water &amp; Sewerage Billing</td>
</tr>
<tr>
<td>3 - Public Safety</td>
</tr>
<tr>
<td>4 - Municipal Court</td>
</tr>
</tbody>
</table>

### Direct Lines:

- Public Safety: 313-822-7400
- Public Service: 313-822-5020
- Voting & Elections: 313-822-4380
- Tax Information: 313-822-4267
- Building Inspector: 313-822-4368
- Water Billing: 313-822-7650

- Municipal Court: 313-822-3535
- City Forester: 313-822-6200 (ext. 271)

### PARKS & RECREATION 313-822-2812

- Okulski Theatre Information Press 1
- Lavins Activity Center Press 2
- Park Office / Tompkins Center Press 3
- Outside Gate / Windmill Pte. 822-5155
- Patterson Park Gatehouse 822-1681

### Community

#### Park Hours

- **Patterson Park**
  - 8:00 a.m. to Dusk
- **Ice Rink Hours**
  - 10:00 a.m. to 8:00 p.m.

- **Windmill Pointe Park**
  - 8:00 a.m. to Dusk

#### Park Pass Information

- It is the goal of the City of Grosse Pointe Park to continue to provide to you, the residents, the best possible service and recreational facilities. It is extremely important that everyone complies with the Park Pass rules so that we all enjoy our parks.
- Current renter passes are valid until May 15, 2011. Lost passes will be replaced ONCE per season, through an adult only, at a cost of $20.00 each at the Public Service Department at City Hall. Office hours are Monday - Friday, 8:00 a.m. - 4:30 p.m. For more information regarding Park Passes, please contact Public Service at (313) 822-4365.
- **The Tompkins Community Center**
  - The Tompkins Community Center is located at Windmill Pointe Park. The Center’s main function is to host parties. The Centers capacity is 129 people, and can comfortably seat 100 people. It is available for Park residents to rent for various family functions.
  
### Rental rates for 2011 are:

- **Monday - Thursday (daytime or evening function)** $250.00
- **Fri., Sat., & Sun. 1:00 p.m. - 1:00 a.m.** $350.00
- **Wedding Receptions** $550.00
- **Monday - Thursday hourly rate (up to 3 hours maximum)** $75.00 (First hour)
  - $50.00 (Every hour after)

#### For additional information or reservations please call 822-2812 ext. 201.

#### The Tompkins Community Center

- The Tompkins Community Center is located at Windmill Pointe Park. The Center’s main function is to host parties. The Centers capacity is 129 people, and can comfortably seat 100 people. It is available for Park residents to rent for various family functions.

#### Lavins Activity Center Rentals

- The Lavins Activity Center may be rented for various functions when not scheduled for parks and recreation activities, classes or events. Please make reservations at least 1 month in advance. For complete details, stop by the reception desk in the Stevens Atrium.

#### Capacity:

- **Okulski Theatre:** 138 persons
- **McKeever Lounge:** 25 persons

#### Fees

- **Movie Theatre Rental** $160.00
  (includes one complimentary hour in lounge for party)
- **Lounge for 3 hours** $75.00
- **Gymnasium Rental** $20.00 Half / 40.00 Full
- **Security Deposit required** for all theatre and lounge rentals. $175.00

- *Checks/payments must be in the renting residents name and they must be in attendance at the event.

Please call 822-2812 ext. 300 for further information.

#### Grosse Pointe Park Communicator

- The Park Communicator is published four times a year—February, May, August and November—by the City of Grosse Pointe Park. The Park Communicator is the voice of the City and City Council.
- **Mayor** Palmer Heenan
- **Mayor Pro Temper** Gregory Theokas
- **Council Members** Daniel E. Clark, Laurie Arora, James Robson, Daniel C. Grano, Robert Denner
- **City Attorney** Dennis Levasseur
- **City Manager** Dale Krajnak
- **City Clerk/Finance Director** Jane Blahut
- **Editor** Mary Beth Hathaway
- **Assistant Editor** Chris Delmege

*Editor's note: Any correspondence can be sent to 15115 E. Jefferson, Grosse Pointe Park, MI 48230 Attn: Parks & Recreation ; E-Mail to: hathawaym@grossepointepark.org Phone: 313-822-2812 ext 302*
POINTE PET’S SUPPLY

Cheri Musial, owner of “Pointe Pet Supply”, has been dedicated to our pets and our community for many years. It has been 16 years now since her husband, Bill Musial who owns the Barber Shop next door, convinced Cheri to open a pet store. Cheri had been managing a dental office for 21 years, but she realized that she was ready for a change. Bill had the Barber Shop for 10 years at that point and when a store front opened up next to his he knew it was a perfect fit.

Cheri had grown up with dogs, having always had 2 or 3 at a time, but she had never really thought about owning a pet store. She didn’t want to open a typical pet store. With so many animals in shelters awaiting adoption, she wanted to encourage adoption and simply provide all the supplies for loving and caring for animals. She and Bill did their research, attended some product trade shows and before she knew it she was in business. It was around that time that she got her first Bouvier. He was found on the street and she adopted him from the Bouvier Rescue. As we all know, she named him Kercheval!

Cheri’s store carries everything you can possibly think of for dogs, cats, birds and other small animals. She carries leashes, collars, food, treats, toys, grooming supplies, bedding, etc. (The pet beds are the best – especially the faux fur pink leopard ones!) She also carries products for older animals with health issues and physical complications. She and her staff are constantly researching and answering questions for customers and sometimes even local veterinarians!

Besides running her store, Cheri has been actively involved with the Grosse Pointe Park Business Association. She was President for seven years and Vice President for two years. She is still very much involved and continues to work hard to support the Kercheval business district. Not much has changed for Cheri, except for one thing. She recently lost her beloved dog Coach to bone cancer. He was her loyal assistant and will be sorely missed by everyone.

Over the years, everyone who owns a pet in Grosse Pointe has come to know Cheri and her pet Bouviers, Kercheval and Coach. Her store is the one store where pets are welcome and they know it. It’s a real treat for both pets and their owners.

Flowers By Gabrielle

Gabrielle Reilly and her partner, Carolyn Withers, have had their business “Flowers By Gabrielle” for nine years now. Located at 15029 Kercheval Avenue, “Flowers By Gabrielle” offers a variety of fresh flowers and arrangements, including unusual varieties. The store is cheery and charming with its bright green painted walls and is filled with all sorts of gift items like jewelry, hand made belt buckles, party favors, gift boxes, custom silks, hand made purses, note cards, unique containers, personalized items, etc.

They offer full delivery service as well as party and wedding planning services. In fact, they are becoming well known for their party and wedding planning. So much so, that they are expanding on the upper floor to create an event consultation and show room. They offer full event planning services from catering, invitations, tables, table tops, linens, and of course, the flowers!

The holidays are also a very busy time for Gabrielle and Carolyn. They provide complete holiday home interior decorating services for all your holiday dinner parties and events. They have a full array of holiday greenery and arrangements to fill your home with holiday cheer.

The store has also become quite popular with students from the local high schools that come in for Prom and Homecoming corsages, ribbon wrist corsages, floral bracelets and boutonnieres. They’re a hit with the girls!

The shop is open from 10:00 am to 5:00 pm Monday through Wednesday, 10:00 am to 6:00 pm Thursday and Friday, and 10:00 am to 4:00 pm on Saturday. To help assure on-time delivery during the busy holiday season, place your order at least two days prior to the following holidays: Thanksgiving Day, Christmas Day, New Year’s Day, Valentine’s Day, Easter, Administrative Professionals Week, Mother’s Day, Memorial Day, Father’s Day, Independence Day and Labor Day. The shop is closed on all major holidays.

So start planning for your holiday events now!
2010 Co-ed Volleyball Champions

“The Merkins”
Recreational League Champs

“Summer Wolves”
Competitive League Champs

This year’s volleyball season went very well! The summer weather cooperated and evening play was great! There were 7 teams in the Recreational League and 5 teams in the Competitive League. The top 4 teams in each league made it to the playoffs and the winners then advanced to the finals. The Recreational League winners were the “The Merkins”, a new team to the league, captained by James Saros. The Competitive League winners were the “Summer Wolves”, led by captain Mary O’Donnell.

2010 Windmill Pointe Park Tennis Tournament Champions

The Windmill Pointe Park Tennis Tournament took place Aug. 12 - 15. Tennis Supervisor Julie Miller and instructors Alex Parker and Brendan Petz ran an outstanding tournament! A great big thank you to our sponsors: Harper Sport Shop, Eastside Tennis and Fitness, Pete Buscemi’s Pizza and Sub Shop, Irish Coffee and Atwater Block Brewery. Thanks also to Park residents Ann and Don Berschback.

Men’s Singles “A” Champion    Alex Parker
Men’s Singles “B” Champion    Drew Costakis
Men’s Doubles Champions    Don Parshall
Jim Beardslee
Mixed Doubles A Champions    Matt Prigorac
Barb Thomson
Women’s Doubles Champions    Stacey Brown
Jayne Carson
Women’s Singles    Barb Thomson
Mixed Doubles B Champions    Mary O’Donnell-Daudlin
Kevin Daudlin
Parent/Child Champions    Kevin Daudlin
Kelly O’Donnell-Daudlin

TINY TOTS
Taught by Suzanne Piepszowski

Tiny Tots is a developmentally based gross motor class designed for children 18-36 months old. Along with their parents, the children learn how to move in fun and challenging ways while dancing to music and playing games with new friends.

| SESSION II | 6 weeks | $48.00 | Tuesdays 10:30-11:15 a.m. |
| Nov. 16, 23, 30, Dec. 7, 14, 21 |
| SESSION III | 6 weeks | $48.00 | Tuesdays 10:30-11:15 a.m. |
| Jan. 11, 18, 25, Feb. 1, 8, 15 |

PIPSQUEAKS P.E.
Taught by Suzanne Piepszowski

Pipsqueaks is a class for children 3-6 years old who are ready to move, dance and play independently from their parents. This is a great class designed to get their bodies moving in a fun and energetic way while learning new developmental skills. Enrollment is limited to 12 children per class. There must be at least 6 children enrolled to run a class.

| SESSION II | 6 weeks | $48.00 | Tuesdays 10:00-2:00 p.m. |
| Nov. 16, 23, 30, Dec. 7, 14, 21 |
| SESSION III | 6 weeks | $48.00 | Tuesdays 10:00-2:00 p.m. |
| Jan. 11, 18, 25, Feb. 1, 8, 15 |

Payment at “sign up” required for all classes
Karate for Kids
Instructor: Lisa Santi

This popular martial arts program continues another season of learning, skill development and advancement. The “Turn of the Tide”, Martial Arts program works to teach students to gain confidence in themselves and their abilities. These classes are ongoing and new students are always welcome. Classes are held in the gymnasium in the Lavins Activity Center. Class sizes are limited.

**Beginner classes** are for students ages 5 to 8 years old that are new to Karate or have attained a Junior Ranking from Junior Yellow Belt to Junior Red Belt.

**Advanced classes** are for students 9 years old and up that are new to Karate or students that have attained the rank of 8th Gup Purple Belt and up.

**Padded Weapons classes** are for all students regardless of age or rank. Padded Weapons class should be taken in conjunction with a Beginner or Advanced Karate Class.

### Session II

Mondays - 4:15 p.m. Beginners Class - Nov 15, 22, 29 Dec 6, 13, Jan 3, 10, 24
Mondays - 4:30 p.m. Black/Red Belt Class - Same dates as above.
Mondays - 5:30 p.m. Advanced Class (Ages 9 & up) - Same dates as above.

Tuesdays - 4:15 p.m. Beginners - Nov 16, 23, 30 Dec 7, 14 Jan 4, 11, 25
Tuesdays - 5:30 p.m. Advanced Class (Ages 9 & up) - Same dates as above.

Wednesdays - 4:15 p.m. Forms Class- Nov 17 Dec 1, 8, 15 Jan 5, 12, 19, 26
Wednesdays - 4:30 p.m. Padded Weapons Class - Same dates as above.
Wednesdays - 5:30 p.m. Teens Class - Same dates as above.

Thursdays - 4:15 p.m. Beginners Class - Nov 18, Dec 2, 9, 16 Jan 6, 13, 20, 27
Thursdays - 5:30 p.m. Parent/Child Class - Same dates as above.

### Session III

Mondays - 4:15 p.m. Beginners Class - Jan 31, Feb. 7, 14, 28, Mar 7, 14, 21 28
Mondays - 4:30 p.m. Demo Team Class - Same dates as above.
Mondays - 5:30 p.m. Advanced Class (Ages 9 & up) - Same dates as above.

Tuesdays - 4:15 p.m. Beginners - Feb. 1, 8, 15, Mar 1, 8, 15, 22, 29
Tuesdays - 5:30 p.m. Advanced Class (Ages 9 & up) - Same dates as above.

Wednesdays - 4:15 p.m. Weapons Class - Feb. 2, 9, 16, Mar 2, 9, 16, 23, 30
Wednesdays - 4:30 p.m. Padded Weapons Class - Same dates as above.
Wednesdays - 5:30 p.m. Teens Class - Same dates as above.

Thursdays - 4:15 p.m. Beginners Class - Feb. 3, 10, 17, Mar 3, 10, 17, 24, 31
Thursdays - 5:30 p.m. Parent/Child Class - Same dates as above.

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**Padded Weapons Class**

This class is designed to get the younger students involved with weapons. It’s purpose is to give students a general knowledge of weapons including: swords, padded nunchaku’s and bo staffs. It’s a fun and energetic class where students can learn to use weapons in a structured environment. Weapon training will improve students’ hand/eye coordination and timing. These are skills needed for all sports.

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**Martial Art Specialty Classes**

There are several specialty classes offered throughout the year to strengthen students’ martial art skills. Please check the class schedule to see when these enrichment classes are available. Look for the following classes: Teen, Padded Weapons, Forms, Sparring, Demo Team, Black/Red Belt and Weapons. Each class will offer 8 weeks of training geared to a specific group of students or focusing on the specific set of skills listed in the class title. These classes will help support students looking to advance in belt rank.

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**Early registration is on Sat. Nov. 7th from 9:00 a.m. to Noon at the Lavins Center.**

**All Karate classes are $50.00**

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**Parent/Child Karate Class**

Have you sat on the side lines watching your child train, when you really wanted to train too? We now offer a Parent/Child Karate Class. Come and learn the art of Tang Soo Do together. This class is open to children ages 7 & up and adults of any age. All adults are welcome to attend this class, with or without a child. All aspects of Tang Soo Do will be covered in this class including self defense, forms, sparring, stances, kicking and hand techniques. Come train with us! **Parent/Child Class is $50.00 for parent and child is free if participating in another class. If child is not in another class, then fee is $25.00**

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**Merry Music Maker Pajama Party!**

Ages 2-8 years - $12 per Family
7:00 - 8:00 pm

Come join us for an evening of fun with Ms. Paula. Bring a blanket to sit on and wear your pajamas and a smiling face. We’ll have music, stories and lots of silly fun. **Bedtime will never be the same**!

Friday, November 12th  Friday, January 14th  Friday, February 11th

**Note:** Prepayment not necessary. Pay at door.
Lavins Activity Center

Want to get into shape, visit with friends, or just find a place to relax? The Lavins Activity Center offers many recreational options for residents to take part in year round. Memberships to the Meade Fitness Center for a weight and/or cardio workout, or a Class Membership to take different classes like Yoga, Cycling and Body Sculpting, are just a few of the activities available. If you’re just looking for a place to relax, the McKeever Lounge may be the place for you to sit back and relax overlooking the Park and Lake St. Clair. Or maybe you’re looking for a “night out at the movies”. The Okulski Family Theatre offers movies on the big screen! All this is just minutes from your doorstep!

Personal Training

Personal Training Sessions can be arranged at the front desk of the Lavins Center. All trainers are NASM certified.
- Single Sessions: $60.00
- Three Session Packet: $165.00
- Six Session Packet: $300.00

Meade Fitness Center

Located on the second floor of the Lavins Activity Center, the Meade Fitness Center is a great place to burn a few calories and have a fantastic view of Lake St. Clair while you’re at it. The Fitness Center offers a variety of weight machines, free weights and cardio equipment. Certified Personal Trainers are available to provide complimentary assessment sessions to new members by appointment. Also, members may purchase Personal Training Sessions with a trainer to obtain an individualized weight training program. Membership to the Meade Fitness Center may be purchased at the front desk of the Lavins Activity Center.

A Fitness Class Membership is also available at the Lavins Activity Center. The Class Membership consists of a variety of exercise classes. Our current classes are Body Sculpting, Interval Training, Indoor Cycling, Toning With Weights, Pilates, Power Yoga, Yoga and Zumba. All classes are conducted in the gymnasium. Classes are ongoing, but a monthly schedule is always available in the lobby which will show any possible changes.

Lavins Center Holiday Schedule

- Thanksgiving Day: Closed
- Friday after Thanksgiving: 8:00 a.m. - 9:00 p.m.
- Christmas Eve and Christmas Day: Closed
- Day After Christmas: 12:00 - 8:00 pm.
- New Year’s Eve: 8:00 a.m. - 4:00 p.m.
- New Year’s Day: Closed

Membership Prices

<table>
<thead>
<tr>
<th>Fitness OR Class Membership Pricing</th>
<th>Annual</th>
<th>Quarterly</th>
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<tr>
<td>Students Ages 16-18 &amp; College Students under age 25</td>
<td>$245.00</td>
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<td>Adults 19-59</td>
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<td>Seniors 60 and Over</td>
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<td>Couple</td>
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<table>
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<tr>
<th>Combined Fitness and Class Membership</th>
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<tr>
<td>Students Ages 16-18 &amp; College Students under age 25</td>
<td>$345.00</td>
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<tr>
<td>Adult</td>
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</tr>
<tr>
<td>Seniors 60 and Over</td>
<td>$345.00</td>
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<td>Couple</td>
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<tr>
<td>Senior Couple (both must be seniors)</td>
<td>$485.00</td>
<td>$185.00</td>
</tr>
</tbody>
</table>

| Single day pass | $10.00 |
| One Month Trial | $40.00 |

Note: We can only accept cash or checks - no credit cards.

Gym Rentals

Occasional Half-Court gym rentals of the Golden Family Gymnasium are available. Reservations may be made 72 hours in advance (maximum) for basketball, volleyball, badminton and running games. The fee is $20 per hour for half court. Park passes are required for access to the park and the Lavins Activity Center. Park Passes may be asked for at the reception desk to prove residency. Gym use policy requires one Grosse Pointe Park resident to every NON-resident. Non-residents must arrive WITH residents; otherwise they will be denied entry. Rental for large groups (with more non-residents to residents) is allowed only by pre-registration (25 - 72 hours), pre-payment and provision of a list of attendees 24 hours before the rental. The maximum number of people allowed in the gym is limited to 25 persons per side.

Proper tennis or gym shoes are required and shirts must be worn. If you are under the age of 18 you will need your parent/guardian to be in attendance while you play.

Water bottles are permitted in the gym, but no other food or drinks are allowed. Basketballs and volleyballs are available at the reception desk. A complete list of gymnasium rules is posted at the front desk.

The Okulski Family Theatre

The Okulski Theatre offers a variety of movies on the BIG SCREEN. Call 822-2812 and press Ext. 1, to hear the current movie title, show times and dates. Tickets are available for advance purchase on the same day. You can’t beat the convenience of popcorn and a movie so close to home! Teens are advised to have their park pass available for PG-13 rated movies.

Ticket Prices:
- Adults: $6.00
- Seniors (60 & over): $5.00
- Children (12 & under): $5.00
- Matinee: $4.00

NOTE: THE MOVIE STARTS ON TIME!
So get here early to get your snacks and your seats!

Winter Season Reminder

This Winter we would greatly appreciate it if you could wear boots and carry your fitness shoes to the center to help us keep water and street salt off the fitness center equipment. Remember, the locker rooms are available for changing and storing coats and boots.
Senior Fitness Class

Four Weeks (12 Sessions) - $100.00
Or $10 Pay-As-You-Go
November 15th - December 10th

This class will be held three times a week on Monday, Wednesday, and Friday, from 11:00 - 12:00 pm. The class is designed specifically for seniors who want to learn basic techniques to maintain strength and flexibility. For info. call 822-2812 ext. 300.

Nutrition For Seniors

Presented by: Brent Steepe, Advanced Training Techniques

Two Hour Program - $50.00
Wednesday, November 10th, 11:00 - 1:00 p.m.

As our lives pass through the seasons, our nutritional needs change. It is important to understand how to structure food intake in the most beneficial way to help keep those “Golden Years” truly dazzling. Learn the basics of nutrition and how to apply them to achieve your own “personal best” level of dietary fitness. Light refreshments will be provided. For info. call 822-2812 ext. 300.

Fall Prevention For Seniors

Presented by: Brent Steepe, Advanced Training Techniques

Two Hour Program - $50.00
Friday, November 12th, 11:00 - 1:00 p.m.

One of the biggest safety issues facing seniors today is injury resulting from unforeseen slips and falls. This interactive course will start with a review of body mechanics. Participants will learn techniques to help maintain balance and coordination. Light refreshments will be provided. For info. call 822-2812 ext. 300.

Senior Fitness Week!

Introduction To Senior Fitness

Presented by: Brent Steepe, Advanced Training Techniques

Three Hour Interactive Program - $65.00
Monday, November 8th, 11:00 - 2:00 p.m.

Seniors are sometimes reluctant to participate in fitness programs. This course is designed specifically for seniors who are interested in learning how to maintain muscle strength and flexibility. Participants will learn how to workout safely and how best to avoid injury. Simple workouts will be designed for each participant’s ability and fitness goals. Light refreshments will be provided. For info. call 822-2812 ext. 300.

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Fitness Class Offerings

Attention Class Members

Participation in classes requires a “Class Membership”. Classes are ongoing unless otherwise noted. See monthly schedule for days, times and possible changes. Park passes must be presented and swiped at the front desk when you sign in for class.

Body Sculpting
Tues. & Thurs. 8:30 – 9:15 am
Power Yoga
Tues. (Lounge) 9:15 – 10:15 am

Indoor Cycling
Tues. & Thurs. 6:00 – 6:45 am
Toning With Weights
Mon., Wed., Fri. 6:00 – 7:00 am
Saturday 8:30 – 10:00 am

Interval Training
Tues. & Thurs. 11:30 – 12:15 pm
Yoga
Wed. (Lounge) 6:15 – 7:15 pm

Pilates
Thurs. (Lounge) 9:15 – 10:15 am
Zumba
Mon. & Fri. 9:30 – 10:30 am

Don’t Forget! You may use the Fitness Center for just $5.00 while your child attends Pipsqueaks or Karate Class.

Everything You Always Wanted To Know About Weight Training And Personal Training But Were Afraid To Ask!

FREE - January 13, 2010 at 7:00 pm

Have you ever had a personal training session? Are you kind of interested in it, but not quite sure you would be comfortable doing it? Or are you wondering if it’s really even worth it?

Well, come join your friends, neighbors and fellow Meade Fitness Center members and ask all the questions you’ve ever had about personal training. Our personal trainers, Jill and Rory McKeown, will be giving a FREE presentation on the benefits of personal training. They’ll cover some of the basics and then have an open question and answer session. Some of the topics that will be covered are:

- Why should I weight train and what are the benefits?
- What are the benefits of a personal trainer?
- How often should I train?
- How long should my training workouts be?
- How many reps should I be doing?
- Is it better to use machines or free weights?
- Can I do cardio on the same day as weight training?
- Should I eat before I workout? What should I eat after?
Skating lessons

There are plenty of spots left in our skating classes. Give your child the opportunity to improve their skating skills by a formal skating session. They will enjoy hours of fun on the rink with their friends and their newly acquired skating confidence. Our skating classes are all $45 for five ½ hour classes. All skaters must have single bladed skates and proper outdoor winter attire. **Helmets are required for all classes.**

Snowplow Beginners **TUESDAYS (10 Skaters maximum)**
First time on the ice.
Ages 3 - 6 4:15 - 4:45 p.m.
Session I Tues. Nov. 30, Dec. 7, 14, 21 (off Dec. 28) Jan. 4
Session II Tues. Jan. 11, 18, 25 Feb. 1, 8

Basic Skills Skaters **TUESDAYS (15 Skaters maximum)**
Must be comfortable with the basic forward and backward glide, snow plow stop, rocking horse, dip, getting up, swizzles, jumping and march.
Ages 7 - 10 4:45 - 5:15 p.m.
*(the same 2 sessions and dates as above Tuesday classes)*

Snowplow Beginners **THURSDAYS (10 Skaters maximum)**
First time on the ice.
Ages 3 - 6 4:15 - 4:45 p.m.
Session I Thurs. Dec. 2, 9, 16 (off Dec. 23 & 30) Jan. 6, 13
Session II Thurs. Jan. 20, 27 Feb. 3, 10, 17

Basic Skills Skaters **THURSDAYS (15 Skaters maximum)**
Must be comfortable with the basic forward and backward glide, snow plow stop, rocking horse, dip, getting up, swizzles, jumping and march.
Ages 7 - 10 4:45 - 5:15 p.m.
*(the same 2 sessions and dates as above Thursday classes)*

Classes are taught by Sharon Nelson and Theresa Gehrke who bring years of experience to the Hutton Ice Rink.

Ice Rink Information

The Hutton Ice Rink usually opens around Thanksgiving, weather permitting. You can call Patterson Park at 822-1681 to get rink updates. Skating hours are from 10:00 am – 8 pm. Skaters are asked to stay on one side of the rink while skating classes are being conducted. (4:15 – 5:15 pm)
To keep the rink in tip top shape we have a few guidelines:
- No hockey, hockey sticks, pucks, etc. allowed on the ice.
- Food and beverages do not belong on the rink.
- Everyone on the ice surface must wear skates, even parents helping their children.
- Absolutely no rough play or you will be asked to leave.

Sledding Hill

Three Mile Park is home to the sledding hill. It has been predicted that this year is suppose to be cold and snowy making excellent conditions for sledding!
We encourage everyone to come out and play on the hill whether its with your snowboard or saucer but please adhere to the following rules.
- Please walk around the putting green when you climb up or come down the hill.
- Sled, toboggan, snowboard or saucer down the front of the hill, towards the lake, not the snow fence, Bedford fence line or back of hill.
- For your protection, leave bales of hay tied to the trees.
- Hill closes at dusk.
- In case of an emergency, contact the gate guard.
- Rule breakers will be escorted from the Park.

Skate Swap

**Monday, November 29th**

It’s time to dust off your old ice skates, or those gently used skates that your kids have outgrown, and bring them to the outside gatehouse at Windmill Pointe Park.
Tags will be provided for each pair of skates. If your skates are not bought at the swap and you are not present; we can either return them to you or donate them. If they are purchased you will be sent the check, or if present, you can accept the check yourself. **All purchases must be made by check. If more than 1 pair of skates is purchased, be prepared to write a separate check for each pair.**
We will be accepting skates from now until November 28th. Our skate swap will take place on Monday, November 29 from 4:00 - 5:00 p.m. outside the Lindell Lodge at Patterson Park.
Arrive promptly to get the best selection.
Adult Golf Instruction

This class is designed for beginners and for those of you who need to brush up on your skills. You will need to bring 4 clubs to the first class. A wood, 7 iron, pitching wedge and a putter. Practical hands-on instruction and video taping of each golfer will take place during each session. Golf lessons will be taught in the Golden Family Gymnasium accommodating up to 15 participants. Sign up early with your friends to reserve your spot!

Tuesdays, 5 classes 7:30 – 8:30 p.m. $65.00

Session I  February 8, 15, 22, March 1, 8
Session II  March 22, 29 April 5, 12, 19

Instructor: Matt Bodde, Golf Pro at the
Country Club of Detroit

Afternoon Out
Is Back!

Starting Wednesday, November 17, 2010 “Afternoon Out” will return! Come join us for a FREE movie, coffee and cookies twice a month on Wednesdays at 1:00 p.m. It’s just a nice way to spend the afternoon.

November 17  “Top Hat”  
(starring Fred Astaire and Ginger Rogers)

December 1  “A Star Is Born”  
(starring Judy Garland and James Mason)

December 15  “A Christmas Story”  
(starring Peter Billingsley and Darren McGavin)

January 12  “Casa Blanca”  
(starring Humphrey Bogart and Ingrid Bergman)

January 26  “Notorious”  
(starring Cary Grant and Ingrid Bergman)

February 9  “An Affair To Remember”  
(starring Cary Grant and Deborah Kerr)

February 23  “Ferris Bueker’s Day Off”  
(starring Matthew Broderick and Jennifer Grey)

March 9  “To Kill A Mockingbird”  
(starring Gregory Peck and Robert DuVall)

March 23  “Love Story”  
(starring Ryan O’Neal and Ali MacGraw)

April 6  “As Good As It Gets”  
(Jack Nicholson and Helen Hunt)

For more information, call the Lavins Activity Center at (313) 822-2812, ext. 300.

Calendar Hi-lites
and Other Dates of Note!

A reminder of pertinent dates & events coming up in our city. Please note the dates that may be of interest to you or your family.

November 2   Election Day  
Polls open 7:00 a.m. until 8:00 p.m.

November 8-12 Senior Fitness Week

November 11   Veterans Day  
City offices closed

November 25 & 26   Thanksgiving  
City offices closed

December 1   Holiday Tree Lighting  
and Gift Market  4:00 to 8:00 p.m.

December 4   Lunch with Santa  
Tompkins Community Center

December 24 & 25 Christmas  
City offices closed

January 1   Happy New Year 2011  
City offices closed

February 5   Chilly-Fest  
Patterson & Windmill Pointe Park

REMINDER:
Election Day is Tuesday, November 2
Chapter 12 of the City Code covers the requirements for refuse disposal in the City of Grosse Pointe Park. The following is a summary of the requirements for items that may be put in your red Recycle Bin for recycling.

Plastics: Check for the numbers on or near the bottom of containers.

#1 (Pete) Plastic soft drink and water bottles, catsup, mouthwash and salad dressing bottles. Peanut butter, mayo, pickle, jelly and jam jars.

#2 (HDPE) Milk, water, juice, shampoo, dish & laundry detergent bottles, yogurt containers, cereal liners, grocery, trash and retail bags.

#3 (V) Clear food and non-food packaging, clear tubing, electrical cable insulation, plastic pipes & fittings.

#4 (LDPE) Dry cleaning, bread and frozen food bags, squeezable bottles – e.g. honey, mustard, BBQ sauce, etc.

#5 (PP) Catsup bottles, yogurt containers, margarine tubs, medicine and vitamin bottles, etc.

#6 (PS) Compact disc jackets, food service applications, grocery store meat trays, egg containers, aspirin bottles, cups and plates.

#7 (OTHER) Three and five gallon reusable water bottles, some citrus juice and catsup bottles.

Fiber (newspapers - remove plastic bags, strings and rubber bands; magazines; paper bags; office paper; junk mail, fliers, brochures, post cards; and phone books). Place all paper in brown paper grocery bags or tie with string. Also, cardboard (no wax coated cardboard); paperboard (cereal boxes, popcorn boxes, etc.); and boxboard (fold, flatten or cut into bundles 2’x2’x6” and tie).

Cans and Foil (tin cans, steel cans, aluminum cans, aluminum foil and aluminum tins).

Glass (clear, green and brown).

Household Batteries (place AAA, AA, C, D & 9 Volt in a clear plastic bag).

Note: Prepare cans, foils, tins and glass for collection by rinsing and discarding all lids.

UNACCEPTABLE MATERIAL – syringes, hypodermic needles or medical waste, paper milk or juice cartons, garbage, styrofoam, motor oil containers, large appliances, yard waste, garden hoses, grass, wood branches or leaves, automotive parts, cylinder heads, brake rotors, drums or engine blocks, tanks, propane, oxygen, helium, aerosol cans or empty paint cans.

Full Recycling Bin? If your recycling bin is full, you may use clear plastic bags for more items.

When Can Containers Be Put At Curb? Waste and recycling containers shall not be placed out at the curb line for collection prior to 6:00 pm in the evening preceding the day of collection. Please have receptacles out by 7:00 am the day of collection. After receptacles are emptied they should be removed from the street on the same day that collections are made.

HAZARDOUS WASTE
Hazardous wastes need to be disposed of properly. A hazardous waste product can be toxic, flammable, corrosive or react with other substances to create harmful fumes or explosions. These products are labeled with DANGER, WARNING, CAUTION, CORROSIVE or FLAMMABLE on the container. Do not dispose in your regular rubbish.

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Curbside Leaf Pick-Up

Curbside leaf pick-up will begin the week of October 25 and continue until December 17, 2010 (weather permitting). Due to equipment breakdowns & weather, there is no set schedule. Once the truck has been on your street the approximate turn around time will be 2 weeks. Leaves will not be picked up if branches are put in leaf piles.

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Holiday Trash & Recycling Schedule

**Thanksgiving** - Thursday, November 26
ALL PICK-UPS DELAYED BY ONE DAY.

**Christmas** - Saturday, December 25

**New Year’s Day** - Saturday, January 1
ALL PICK-UPS ON SCHEDULE.
Community

Taste of Grosse Pointe

The Grosse Pointe Park Foundation hosts a major fundraiser every year. This year, the successful summer cocktail reception was held at the home of Kristina and Joseph Acheson. The Grosse Pointe Park Foundation continues their fund raising efforts to provide future enhancements to benefit all residents in the community.

The Taste of Grosse Pointe is held at the Tompkins Community Center on Wednesday, December 8, from 6:30 – 8:00 pm. A variety of food, desserts and wine will be served while you socialize with other members. This evening is a THANK YOU to all the Foundation members and residents who contribute towards future projects.

If you would like to obtain more information on joining the Grosse Pointe Park Foundation, or have an established business and would like to donate food for the Taste of Grosse Pointe to promote your business, please contact Kathy Willmer at 822-4379.

Mayor’s Message

I am pleased to report that through the efforts of our administration, council and dedicated employees we have been able to keep the same tax rate for the upcoming year. We managed this in spite of declining tax revenues. It was a collective effort that included such things as increasing health insurance deductibles, negotiating with our vendors to reduce their prices and replacing some retiring full-time employees at a lower cost. Our constant effort is to maintain our level of services and to keep our costs in line.

On another note, this summer more than 300,000 people attended our two Parks, Patterson and Windmill Pointe. Thanks to our great recreational facilities and staff, these Parks have become increasingly popular. Please join us for the many year round activities that occur at these two beautiful locations. The Parks, together with our excellent schools, provide us with one of the best family environments in the state.

My best to all of you during this holiday season.

Beautification Award Winners For 2010

The Grosse Pointe Park Beautification Commission is proud to announce the winners of the beautification awards for 2010. Personal residences are grouped into five geographical areas based on similarity of kinds of dwellings. A maximum of six awards are given per area. Award winners are:

AREA ONE:  AREA TWO:
941 Beaconsfield  688 Balfour
1021 Beaconsfield  554 Barrington
1303 Beaconsfield  610 Barrington
1238 Lakepointe  773 Lakepointe
1338 Nottingham  905 Pemberton
921 Pemberton  671 Westchester

AREA THREE:  AREA FOUR:
900 Bishop  1126 Audubon
905 Edgemont Park  1038 Bishop
855 Grand Marais  1103 Devonshire
813 Trombley  1001 Whittier
845 Trombley  1007 Yorkshire

AREA FIVE:
1223 Berkshire
1321 Berkshire
1369 Buckingham
1264 Three Mile Dr.
1336 Three Mile Dr.

The civic award winner for this year is the Backyard Garden Community Garden, on Mack and Wayburn. If you have not yet seen the Backyard Garden community project, please take time to check it out. Three businesses also won beautification awards: State Farm Insurance, Mark Tabacchini Agency on Kercheval and Full Circle Upscale Resale.

Congratulations to all of our winners!
Lunch With Santa
Saturday, December 4th
Tompkins Community Center

Santa is scheduled to have lunch with the children from Grosse Pointe Park on Saturday, December 4. Lucky for us he is willing to stay all afternoon, so we have scheduled three different times for lunch, pictures and crafts. We can only accommodate 25 children and their parents at each lunch time. Reservations will be taken until December 1, or until capacity is reached.

Reservations can be made by sending in the registration form on this page with your payment, or visit the Parks and Recreation office at Windmill Pointe Park. Prices are $5 per child, $4 per attending adult (this includes lunch for all, a craft and a framed digital photo of your child with Santa).

Lunch Times: 10:30-11:30 am   Noon – 1:00 pm   1:30 – 2:30 pm

Save The Date!

“Daddy/Daughter Date Night”
Monday, February 14th at 6:30 pm
$12.00 ($6.00 for each additional child)

This is a night just for Dads and their daughters. Come have your very own night at the movies together. Package includes complimentary small popcorn and beverages. We will also take a special Daddy/Daughter photo of the two of you and frame it so that you can take it home and always remember your special night together!

“Mother/Son Date Night”
Wednesday, February 16th at 6:30 pm
$12.00 ($6.00 for each additional child)

This is a night just for Moms and their sons. Come have your very own night at the movies together. Package includes complimentary small popcorn and beverages. We will also take a special Mother/Son photo of the two of you and frame it so that you can take it home and always remember your special night together!

Children must be 5 years of age or older. Please call 822-2812, ext. 201 to reserve your spot by Monday, February 7th. Absolutely no sign ups at the door. Movies T.B.D.

Tompkins Center Discount!

Just a little reminder about our beautiful facility that is available to all Park residents - the Tompkins Community Center. The Tompkins Community Center is a large banquet room with two warming kitchens, restrooms, high vaulted ceilings, large fireplace, and windows with a view of the Park; all this, plus a quaint, homey feel. You can have your function catered or prepare your own food and warm it in our kitchens. The Center is always cleaned and prepped by staff so you can thoroughly enjoy yourself at your party!

 Reserve a date during the months of January, February, March or April

And receive a $100 discount on ALL DAY rentals.

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<th>Original Price</th>
<th>Discounted Price</th>
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<tr>
<td>Mon. – Thurs.</td>
<td>$250</td>
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<tr>
<td>Fr. Sat. &amp; Sun.</td>
<td>$350</td>
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<td>Weddings</td>
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REGISTRATION FOR CLASSES AND EVENTS
Please do not use for Karate

Name: ______________________
Age: ______
Name: ______________________
Age: ______
Address: ____________________
Phone: ______________________
Class/Activity: ________________

Amount: $________

Please make check payable to and mail to:

City of Grosse Pointe Park
15115 E. Jefferson Ave.
Grosse Pointe Park, MI 48230
Attn: Parks & Recreation