**Park It!**

**A FREE Family Movie Night**

Join us for an outdoor family movie night! Our Park Café will be preparing food for you to purchase and Kona Ice will be serving snow cones. Advanced Training Techniques will also be on hand offering chair massages! After dinner you can play in the splash pad or on the playscape, walk the boardwalk or simply enjoy the ambiance of the Park while you wait for the movie to start. So pack your lawn chairs and blankets and come enjoy the show!

- **Date:** Thursday, August 8th
- **Where:** Patterson Park
- **Refreshments:** 5:30 p.m.
- **Movie Starts:** 7:00 p.m.
- **Live Music:** Mark Reitenga at 6:00 p.m.
- **Movie:** “Escape From Planet Earth”

*Note: The gate at Patterson Park will close to incoming traffic at dusk.

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**After 6 On Kercheval**

**Saturday, August 10th**

**6:00 - 11:00 p.m.**

**An Evening of Style!**

Come be part of our evening of style at the last After 6 event of the season. Do, by Hair Co. will be showcasing current hair styles on clients as well as presenting a catwalk of fashion designs provided by Voila Boutique. Come dressed for the event and you could be picked to walk the runway as well and take part in our fashion contest!

Throughout the evening Jennifer Meldrum will be mingling with the crowd and selecting people that have that stylish “put together” look to show off on the catwalk. There will be two presentations, one at 7:30 p.m and one at 9:00 p.m. The winner will be announced at the 9:00 p.m. presentation. So be fun, be daring and come strut your stuff! Or just come to watch and enjoy. Either way it will be an exciting way to end the season on a “fashionable note”!

---

**5th Annual Paws In The Park!**

This year’s Paws In The Park event was definitely the best yet! The Grosse Pointe Animal Adoption Society decided to keep it a much simpler event than in past years. On Sunday, June 9th, from 8:00 a.m. until 11:00 a.m., residents were allowed to walk their dogs in Patterson Park. We had a great turn out with lots of dogs and GPAAS received many generous donations. We hope this event continues to grow. It’s a fun way to meet your neighbors and their lovable companions.

The photos in the collage to the right were taken and put together by Ulrike Sherer, one of the GPAAS volunteers who organized the event. She definitely has a love for what she does and a talent for capturing our canine friends on film!
Park Hours After Labor Day

Patterson Park
8:00 a.m. to dusk

Windmill Pointe Park
7:00 a.m. to 11:00 p.m.

CITY PHONE NUMBERS
911 - EMERGENCIES ONLY

Municipal Offices -
Automated Telephone System:
Main Number 313-822-6200
0 - For the operator
1 - Public Services, Building Department and Assessment
2 - Water & Sewerage Billing
3 - Public Safety
4 - Municipal Court

Direct Lines:
Public Safety: 313-822-7400
Public Service: 313-822-5020
Voting & Elections: 313-822-4380
Tax Information: 313-822-4267
Building Inspector: 313-822-4368
Water Billing: 313-822-7650
Municipal Court: 313-822-3535
City Forester: 313-822-6200 (ext. 271)

Parks & Recreation
313-822-2812

Okulski Theatre Information Press 1
Lavins Activity Center Press 2
Park Office / Tompkins Center Press 3
Inside Gate / Harbormaster Press 4
Outside Gate / Windmill Pte. 822-5155
Patterson Park Gatehouse 822-1681

Park Pass Information

It is the goal of the City of Grosse Pointe Park to continue to provide to you, the residents, the best possible service and recreational facilities. It is extremely important that everyone complies with the Park Pass rules so that we all enjoy our parks.

Even though summer programs are ending, Park Passes are required year round to enter either of the Parks.

City Hall office hours are Monday - Friday, 8:00 a.m. - 4:30 p.m. For more information regarding Park Passes, please contact Public Service at (313) 822-4365.

Tompkins Community Center

The Tompkins Community Center offers our residents a unique and picturesque venue for hosting a wide range of functions. The Center is air conditioned and heated. There is also a gas fireplace to add to the ambiance. The lakeside garden patio has an awning that is in place from May to October. The Center’s capacity is 129 people. There are two fully equipped kitchens, tables and chairs. A sound system and wireless microphone are also available to renters and include a tuner, five disk CD changer and MP3 hookup.

Reservations for 2014 are opening on Tuesday, October 1st of this year. If you have a date that you would like to reserve for next year, be sure to make arrangements early. For more information on the Tompkins Community Center please call 822-2812, ext 201.

| Fri. Sat. Sun. Rentals | $350 |
| Weekday | $250 |
| Weddings or Wedding Receptions | $550 |
| Monday - Thursday Hourly Rate (up to 3 hours maximum) First Hour | $75 |
| Each Additional Hour | $50 |

For more information on reserving the Tompkins Community Center, please call 313-822-2812, ext. 201.

Grosse Pointe Park Communicator

The Park Communicator is published four times a year—February, May, August and November—by the City of Grosse Pointe Park. The Park Communicator is the voice of the City and City Council.

Mayor Palmer Heenan
Mayor Pro Tem Gregory Theokas
Council Members Daniel E. Clark, Laurie Arora, James Robson, Daniel C. Grano, Gregory Theokas, Robert Denner
City Attorney Dennis Levasseur
City Manager Dale Krajnak
City Clerk/Finance Director Jane Blahut
Editor Mary Beth Hathaway
Assistant Editor Chris Delmege

Editor’s note: Any correspondence can be sent to 15115 E. Jefferson, Grosse Pointe Park, MI 48230
Attn: Parks & Recreation ; E-Mail to: hathawaym@grossepointepark.org Phone: 313-822-2812 ext 302
Community Business Focus

Village Wine Shop  
Long Time Park Business

Village Wine Shop, which is located at 15228 East Jefferson, has been in business in the Park for over 70 years. As many residents of the Park know, Bud Wooldridge was the original owner and William Solomon, who was a liquor salesman for the shop, bought the store from Wooldridge. Solomon and his wine expert Clarence Bachman served generations of customers and knew most of them by name for almost 35 years. The shop gained a reputation for carrying fine quality wine, beer and spirits.

Current owner, Zack Assaf, is only the third owner of the shop. When Solomon retired he wanted to sell the shop to someone he trusted. He wanted to “keep it in the family”. Zack’s father is a cousin of Solomon’s and therefore Solomon felt he would be leaving it in good hands with Zack. Zack also had experience in the business because he had worked for more than 15 years in his parent’s St. Clair Shores business, Chapoton Woods Market. Zack started out by working with Solomon at the shop and soon took over in the summer of 2011.

Zack has all kinds of ideas and long term plans for the shop, but he promises that the quality of the service and dedication to the customer, which are the foundation of the business, will always remain the same. He also loves the décor and character of the store and plans to keep that intact. He mainly wants to expand on inventory and new lines of beer and wine. In fact, he now offers free wine and beer tastings once a month. Sometime in the future he would like to renovate the basement of the shop to create a private club for wine enthusiasts. He envisions club members being able to order their own private selections and keeping them in a special holding cellar. He would even like to create a lounge area with humidors for cigar connoisseurs. Let’s hope his ideas come to fruition!

Jungle Juice Bar has been open for approximately two months now and the Grosse Pointe Park community is truly embracing them. The store at 14929 Charlevoix is their flagship location, but they hope to expand throughout Michigan and possibly even further. Owners Regeania Hunter Coleman and Syretta Hunter are very passionate about what they do and it shows. Regeania recalls that long before she even thought of opening the juice bar family and friends would call on her for healthy food and drink suggestions. They would actually seek her advice to help them recover from illness and other health related issues. Even her niece came to her for advice. That is how the two eventually decided to start the business together. They noticed that there just weren’t many places that offered natural, raw, healthy food choices and they wanted to change that.

Not only does Jungle Juice Bar serve a wide variety of fresh fruit and vegetable smoothies, raw juices and wheatgrass shots, they also serve healthy snacks, sandwiches, salads, desserts and more. Also, as part of their commitment and social responsibility, they do not waste any of the pulp from the juicing process. They re-purpose the pulp into their deserts and skin care products to minimize waste to nearly zero percent. They also require all of their team members to take a two-day course in food hygiene and the JJB way of doing business to ensure that the highest quality of service is provided to every customer.

Jungle Juice Bar is committed to educating the community in a healthy food lifestyle. They offer weekly seminars on health related topics, raw food prep classes, fun food workshops with kids, etc. They are also looking to start and sponsor clubs such as walking, jogging, biking, moms with strollers, or any other type of group activity where people could meet at the store before or after their activity to connect and converse over a refreshing fruit juice or smoothie. They want people in the community to come in and stay a while. The friendly, healthy atmosphere at JJB is causing people to do just that. They’ve even had local authors come in and do book signings and local musicians come in and play music. People just seem to gravitate to the place.

So if you haven’t tried Jungle Juice Bar yet you definitely should soon. Come try one of their many juices or smoothies or even create your own. There are too many to list here, but my favorite is the Banana Chai Smoothie – it’s absolutely delightful!
Parks & Recreation/Community

Pool Hours Reminder!

Windmill Pointe Park pool hours will be adjusted for the end of the season. The adjusted hours will be the following:

**August 12th through August 30th:**
- Monday - Friday: Noon - 8:00 p.m.
- Saturday and Sunday: 10:00 a.m. - 9:00 p.m.

**August 31st through September 2nd:**
- (Labor Day Weekend): 10:00 a.m. - 9:00 p.m.

*The Patterson Park Splash Pad will remain open weather permitting.*

Concert in the Park
Li’l William & Friends
Sunday, September 22nd
4:00 p.m. at Patterson Park

This local band plays an eclectic mix of bluegrass/blues, colored originals and folk rock. What a wonderful way to spend a Sunday! Bring your chairs and picnics and join your neighbors for an enjoyable afternoon. The splash pad will be open and your dogs are welcome to join you as long as they remain on their leash and you pick up after them.

Windmill Pointe Park Tennis Tournament
August 15th - August 18th

Entry Fee: $25.00 for adults (up to 2 entries)

Open to all Grosse Pointe Park tennis players of all abilities. Registration forms will be at Windmill Pointe Park gatehouses until Sunday, August 11th. Picnic and awards to follow the finals on Sunday.

**Events:** Parent/Child, Women’s open, Men’s open, Women’s doubles, Men’s doubles and Mixed doubles. Players must commit to play Thursday thru Sunday.

Our tournament is run by our tennis instructors. It’s a fun, friendly and competitive event for all levels of players. Any rain delays or postponements will be rescheduled as soon as weather permits.

General Shredding/Recycling Service Shredding
Sat. Oct 5th, 9:30 a.m. - 11:30 a.m.

“General Shredding Service” will return to Windmill Pointe Park to shred all of your “boxed” personal papers such as bills and tax returns. Staples and paperclips DO NOT have to be removed. The only items that will not be accepted are hazardous waste, newspapers, x-rays, binders and computer discs. There is a $2.00 fee per box.

**Electronic Recycling**

Sat. Oct 5th, 9:30 a.m. - 11:30 a.m.

If not handled properly, computers and electronics can be extremely hazardous to our environment. General Shredding specializes in secure, environmentally friendly electronics disposal. Recycling E-waste is the responsible thing to do. The following is a list of all items we recycle:

**Computer Equipment**

- Laptop and Desktop Computers
- Computer Parts
- LCD (flat screen) Monitors
- Hard Drives & CD/DVD/Zip Drives
- Servers, Routers & Ethernet Switches
- Laptop Batteries & Power Supplies
- All Computer Cords & Cables

Note: Hard drive destruction is $12 per hard drive. For questions or more information with regard to what items are accepted, feel free to contact Brendan Fossee at (313) 343-9600.

New England Seafood Fest!!

Tompkins Community Center
Friday, September 13th at 6:30 pm

Come join your neighbors for a delicious New England seafood dinner presented by Blue Pointe Restaurant. Dinner is $50 per person and the menu includes unlimited mussels, clams, shrimp, beef filet, corn on the cob, potato salad and coleslaw. Each meal also comes with two lobster tail tickets. If you’re not a lobster fan you can give your tickets to a friend! Water, pop and coffee are included. Feel free to bring your own beverages of choice as well. Blue Pointe is generously sponsoring this event as a fund raiser for much needed park equipment. Thank You Blue Pointe!

Seating is limited, so make reservations early at the Parks & Recreation Office. Questions, call 822-2812 ext. 200.
Karate for Kids
Instructor: Lisa Santi

This popular martial arts program continues another season of learning, skill development and advancement. The “Turn of the Tide”, Martial Arts program works to teach students to gain confidence in themselves and their abilities. These classes are ongoing and new students are always welcome. Classes are held in the gymnasium in the Lavins Activity Center. Class sizes are limited.

Beginner classes are for students ages 5 to 8 years old that are new to karate or have attained a Junior Ranking from Junior Yellow Belt to Junior Red Belt.

Advanced classes are for students 9 years old and up that are new to Karate or students that have attained the rank of 8th Gup Purple Belt and up.

Padded Weapons classes are for all students regardless of age or rank. Padded Sword class should be taken in conjunction with a Beginner or Advanced Karate Class.

Black Belt/Red Belt Class

This class is a specialty class for all Red Belts and Black Belts. This class will focus on advanced level skills to prepare Red Belts for Black Belt and to give current Black Belts a chance to work very advanced skills on a regular basis.

Session I
Mondays - 4:15 p.m. Beginners Class - Sept. 23, 30, Oct 7, 14, 21, 28, Nov. 4, 11
Mondays - 4:30 p.m. Black/Red Belt Class - Same dates as above.
Mondays - 5:30 p.m. Advanced Class (Ages 9 & up) - Same dates as above.

Tuesdays - 4:15 p.m. Beginner Class - Sept. 24, Oct. 1, 8, 15, 22, 29, Nov. 5, 12
Tuesdays - 5:30 p.m. Advanced Class - Same dates as above.

Wednesdays - 4:15 p.m. Weapons/Padded Weapons Class - Sept. 25, Oct. 2, 9, 16, 23, 30, Nov. 6, 13
Wednesdays - 4:30 p.m. Sparring Class - Same dates as above.
Wednesdays - 5:30 p.m. Teen Class - Same dates as above.

Thursdays - 4:15 p.m. Beginners Class - Sept. 26, Oct. 3, 10, 17, 24, Nov. 1, 7, 14
Thursdays - 4:30 p.m. Pink Power Class - Same dates as above.
Thursdays - 5:30 p.m. Parent/Child Class - Same dates as above.
*Note: No class on 10/31/13 - Make up class on 11/1/13

Session II
Mondays - 4:15 p.m. Beginners Class - Nov. 18, Dec. 2, 9, 16, Jan. 6, 13, 24, 27
Mondays - 4:30 p.m. Black/Red Belt Class - Same dates as above.
Mondays - 5:30 p.m. Advanced Class (Ages 9 & up) - Same dates as above.
*Note: No class on 1/20/14 - Make-up class on 1/24/14.

Tuesdays - 4:15 p.m. Beginners - Nov. 19, Dec. 3, 10, 17, Jan. 7, 14, 21, 28
Tuesdays - 5:30 p.m. Advanced Class (Ages 9 & up) - Same dates as above.

Wednesdays - 4:15 p.m. Forms Class - Nov. 20, Dec. 4, 11, 18, Jan. 8, 15, 22, 29
Wednesdays - 4:30 p.m. Weapons/Padded Weapons Class - Same dates as above.
Wednesdays - 5:30 p.m. Teen Class - Same dates as above.

Thursdays - 4:15 p.m. Beginners Class - Nov. 21, Dec. 5, 12, 19, Jan. 9, 16, 23, 30
Thursdays - 4:30 p.m. Pink Power Class - Same dates as above.
Thursdays - 5:30 p.m. Parent/Child Class - Same dates as above.

Pink Power Class!
(Recommended for girls age 7 & up)

The “Pink Power” class is strictly for girls!!! The goal of this class is to empower young girls and guide them on a journey of self confidence and discovery through martial arts. They will learn karate and self defense as well as build confidence in themselves to find their own voice. Like regular karate classes, the girls can test for rank and participate in all “Turn of the Tide Martial Arts” club events and activities.

Parent/Child Karate Class

Have you sat on the sidelines watching your child train when you really wanted to train too? We now offer a Parent/Child Karate Class. Come and learn the art of Tang Soo Do together. This class is open to children ages 7 & up and adults of any age. All adults are welcome to attend this class, with or without a child. All aspects of Tang Soo Do will be covered in this class including self defense, forms, sparring, stances, kicking and hand techniques. Come train with us!

Merry Music Maker’s Pajama Party!

Ages 2-8 - $12 per Family
7:00 - 8:00 pm

Come join us for an evening of fun with Ms. Paula. Bring a blanket to sit on and wear your pajamas and a smiling face. We’ll have music, stories and lots of silly fun.

Bedtime will never be the same!

Friday, September 13
Friday, October 11
Friday, November 15
Friday, January 10

Note: Prepayment is not necessary.
Simply pay at the door.

Karate registration day is Sat. Sept. 7th from 9:00 a.m. to Noon at the Lavins Center

Please Note: All Karate classes are $50.00
Lavins’ Activity Center

DOLORES & PAUL LAVINS ACTIVITY CENTER

Lavins Activity Center

Want to get into shape or catch a movie? The Lavins Activity Center offers many recreational options for residents to take part in year round. Memberships to the Meade Fitness Center for a weight and/or cardio workout, or a Class Membership to take different classes like Yoga, Cycling and Body Sculpting, are just a few of the activities available. Or maybe you’re looking for a “night out at the movies”. The Okulski Family Theatre offers movies on the big screen! All this is just minutes from your doorstep!

Meade Fitness Center

Located on the second floor of the Lavins Activity Center, the Meade Fitness Center is a great place to burn a few calories and have a fantastic view of Lake St. Clair while you’re at it. The Fitness Center offers a variety of weight machines, free weights and cardio equipment. Certified Personal Trainers are available to provide complimentary assessment sessions to new members by appointment. Also, members may purchase Personal Training Sessions with a trainer to obtain an individualized weight training program. Membership to the Meade Fitness Center may be purchased at the front desk of the Lavins Activity Center.

A Fitness Class Membership is also available at the Lavins Activity Center. The Class Membership consists of a variety of exercise classes. Our current classes are Body Sculpting, Interval Training, Indoor Cycling, Kickboxing, Toning With Weights, Pilates, Power Yoga, Yoga and Zumba. All classes are conducted in the gymnasium. Classes are ongoing, but a monthly schedule is always available in the lobby which will show any possible changes.

Membership Prices

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Annual</th>
<th>Quarterly</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fitness OR Class Membership Pricing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Students Ages 16-18 &amp; College Students under age 25</td>
<td>$245.00</td>
<td>$80.00</td>
</tr>
<tr>
<td>Adults 19-59</td>
<td>$350.00</td>
<td>$110.00</td>
</tr>
<tr>
<td>Seniors 60 and Over</td>
<td>$245.00</td>
<td>$80.00</td>
</tr>
<tr>
<td>Couple</td>
<td>$600.00</td>
<td>$165.00</td>
</tr>
<tr>
<td>Senior Couple (both must be seniors)</td>
<td>$385.00</td>
<td>$130.00</td>
</tr>
<tr>
<td>Combined Fitness and Class Membership</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Students Ages 16-18 &amp; College Students under age 25</td>
<td>$345.00</td>
<td>$135.00</td>
</tr>
<tr>
<td>Adult</td>
<td>$450.00</td>
<td>$160.00</td>
</tr>
<tr>
<td>Seniors 60 and Over</td>
<td>$345.00</td>
<td>$135.00</td>
</tr>
<tr>
<td>Couple</td>
<td>$700.00</td>
<td>$220.00</td>
</tr>
<tr>
<td>Senior Couple (both must be seniors)</td>
<td>$485.00</td>
<td>$185.00</td>
</tr>
</tbody>
</table>

Note: We only accept cash or checks - no credit cards.

Personal Training

Personal Training Sessions can be purchased at the front desk of the Lavins Center. All trainers are NASM certified.

- Single Sessions $60.00
- Three Session Packet $165.00
- Six Session Packet $300.00

Meade Fitness Center Hours

<table>
<thead>
<tr>
<th>Days</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday–Thursday</td>
<td>5:30 a.m. – 9:30 p.m.</td>
</tr>
<tr>
<td>Friday</td>
<td>5:30 a.m. – 9:00 p.m.</td>
</tr>
<tr>
<td>Saturday</td>
<td>7:00 a.m. – 8:00 p.m.</td>
</tr>
<tr>
<td>Sunday</td>
<td>8:00 a.m. – 8:00 p.m.</td>
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</tbody>
</table>

Gym Rentals

Occasional Half-Court gym rentals of the Golden Family Gymnasium are available. Reservations may be made 72 hours in advance (maximum) for basketball, volleyball, badminton and running games. The fee is $20 per hour for half court. Park passes are required for access to the park and the Lavins Activity Center. Park Passes may be asked for at the reception desk to prove residency. Gym use policy requires one Grosse Pointe Park resident to every NON-resident. Non-residents must arrive WITH residents; otherwise they will be denied entry. Rental for large groups (with more non-residents to residents) is allowed only by pre-registration (25 - 72 hours), pre-payment and provision of a list of attendees 24 hours before the rental. The maximum number of people allowed in the gym is limited to 25 persons per side.

Proper tennis or gym shoes are required and shirts must be worn. If you are under the age of 18 you will need your parent/guardian to be in attendance while you play.

Water bottles are permitted in the gym, but no other food or drinks are allowed. Basketballs and volleyballs are available at the reception desk. A complete list of gymnasium rules is posted at the front desk.

The Okulski Family Theatre

The Okulski Theatre offers a variety of movies on the Big Screen. Call 822-2812 and press Ext. 1, to hear the current movie title, show times and dates. Tickets are available for advance purchase on the same day. You can’t beat the convenience of popcorn and a movie so close to home! Teens are advised to have their park pass available for PG-13 rated movies.

Ticket Prices:

- Adults $6.00
- Seniors (60 & over) $5.00
- Children (12 & under) $5.00
- Matinee $4.00

NOTE: THE MOVIE STARTS ON TIME!
So get here early to get your snacks and your seats!
Lavins’ Activity Center

Fitness Class Offerings

**Body Sculpting**  (Taught by Mary Walsh)
Tuesday & Thursday  8:30-9:15am
This class is designed to strengthen the major muscles, stabilizers and assistants of the body. It will help you create a balance of strength and flexibility necessary to maintain a healthy, active lifestyle. All levels welcome!

**Indoor Cycling**  (Taught by Cristi Henderson, Mary Lutfy, Carrie Moore & Ann Ottenhoff)
Monday, Wednesday & Friday  8:30-9:20am
Tuesday & Thursday  6:00-7:00am, 9:20-10:05am & 6:40-7:25pm
Saturday  7:15-8:45am
Sunday  8:15-9:15am
This class fits both beginners and advanced cyclists. Instructors provide a challenging ride that builds endurance and leg strength, but that can be tailored to individual levels and abilities. They guide you through the ride, but you decide your pace and level of resistance.  **(NOTE:** Please arrive 10 minutes early for bike set up and instruction. Also, due to the popularity of these classes, we recommend calling ahead to reserve a bike. Reservations will only be taken after Noon the previous day. *Evening classes are periodically subject to time changes during summer camp schedules.)*

**Interval Training**  (Taught by Mary Walsh)
Tuesday & Thursday  11:30-12:15pm
This class is suitable for all ability levels and adheres to the U.S. Surgeon General’s recommendations on physical activity. Modes of aerobic intervals will be interspersed with resistance training and flexibility. This class is designed to enhance the health and well being of all individuals.

**Lifting For Life**  (Taught by Cristi Henderson)
Saturday  9:00-10:00am
Join us every Saturday morning for a dynamic weight lifting class designed to improve strength, endurance and flexibility while boosting your metabolism.

**Pilates**  (Taught by Carrie Moore)
Monday  9:30-10:30am
Tuesday  9:15-10:15am
This class will bring your mind in tune with your body by emphasizing proper breathing, correct spinal alignment, and complete concentration on smooth, flowing movement. You’ll also develop a strong core and improve muscle elasticity and joint mobility.

**Power Yoga**  (Taught by Carrie Moore)
Tuesday  9:15-10:15am
This class is a physically challenging combination of vinyasa and slow flow postures. It is designed to enhance core strength, balance and flexibility while reducing stress and invoking a sense of calmness and inner peace. For all levels!

**Toning With Weights**  (Taught by Jane Blahut)
Monday, Wednesday & Friday  6:00-7:00am
This class is a series of weight bearing exercises that are beneficial to everyone (men and women). You will work and tone all the major muscle groups using free weights, bars, step ups, squats, push ups, etc. Remember, muscle is your “fat burning machinery” so this class will boost your calorie burning potential!

**Yoga**  (Taught by Mary Walsh)
Monday & Wednesday  7:30-8:30pm
Wednesday  9:00-10:00am
This class is non-intimidating, slower paced vinyasa yoga with emphasis on prana yama (breath work). This class is designed to enhance strength with flexibility, while reducing stress and invoking calmness and inner peace. Fun for all levels!

**Zumba**  (Taught by Susan Leithauser-Yee)
Monday  7:00-8:00pm
Friday  9:30-10:30am
“Zumba” is an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance that is moving millions of people toward joy and health. The calorie burn rate and cardio-respiratory benefits are similar to those of running. This is an aerobics class, not a dance technique class. If your heart rate is elevated and you are sweating, you are doing it right! The fun factor will keep you smiling and coming back for more.

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**Attention Class Members**

Participation in classes requires a “Class Membership”. Classes are ongoing unless otherwise noted. See monthly schedule for days, times and possible changes. Park passes must be presented and swiped at the front desk when you sign in for class.

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**Tiny Tots**

Taught by Suzanne Piepszowski

Tiny Tots is a developmentally based gross motor class designed for children 18-36 months old. Along with their parents, the children learn how to move in fun and challenging ways while dancing to music and playing games with new friends.

**Pipsqueaks P.E.**

Taught by Suzanne Piepszowski

Pipsqueaks is a class for children 3-6 years old who are ready to move, dance and play independently from their parents. This is a great class designed to get their bodies moving in a fun and energetic way while learning new developmental skills.

Enrollment is limited to 12 children per class. There must be at least 6 children enrolled to run a class.

---

### Session I: 6 weeks $48.00

**TUESDAYS**

**SESSION I**  6 weeks $48.00

<table>
<thead>
<tr>
<th>Tuesdays</th>
<th>10:30-11:15 a.m.</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 1, 8, 15, 22, 29, November 5</td>
<td></td>
</tr>
</tbody>
</table>

## Payment at “sign up” required for all classes.
Our Fall camp out is almost here! Come to Windmill Pointe Park and rough it at our outdoor sleepover. Check in is on Saturday, September 14th at 2:00 p.m. Find your site, set your tent up and let the kids fish, play in the Park and enjoy a camping experience minutes from home. Later in the evening we will have games and our popular campfire with live music. All of the makings for s'mores will also be provided at the campfire.

Rise and shine with the sun and with an appetite on Sunday morning and join us in the Tompkins’ Community Center for a wonderful breakfast. Check out time is 2:00 p.m. on Sunday.

Sites are limited, so be sure to come to the Parks and Recreation Office during office hours (Monday – Friday, 8:00 – 4:00 p.m.) to select your campsite, pick up your paperwork and pay the $30 campsite fee.

Registration begins on Wednesday, August 7th

“Halloween In The Park”
Saturday, October 26th, 2013

This exciting costumed event is for young children and elementary school students. The picnic grounds at Windmill Pointe Park will turn into a festive pathway of hay that leads from candy station to candy station, all decorated differently.

Trick-or-treating begins promptly at 4:30 p.m. and will end at 6:00 p.m. Trick-or-treaters may select arrival times of 4:30 p.m., 5:00 p.m., or 5:30 p.m. (Trick-or-treaters must arrive before 5:45 p.m. in order to get through all the stations.)

Tickets MUST be purchased in advance ($7.00 per child) and will be on sale from Oct. 1st thru Oct. 25th at the outside gatehouse at Windmill Pointe Park. Tickets sold on the day of the event up until 2:00 p.m. will cost $12.00 each. Every child trick-or-treating must be in a costume and accompanied by an adult. TRICK-OR-TREAT BAGS WILL NOT BE PROVIDED. PLEASE BRING YOUR OWN.

Volunteers Needed For Candy Stations!

Sign up to have a station at Halloween In The Park! Use your creative talents to set up a Halloween scene with pumpkins, scarecrows, tombstones, spooky themes or characters, and other festive ideas. Candy will be provided by the Parks & Recreation Department for you to give out at your station.

Volunteering is a great way to be part of the excitement, even if you don’t have any ghosts or goblins of your own. Please sign up to be a volunteer by October 18th. Decorating of stations will take place on the day of the event starting at 3:00 p.m. and must be completed by 4:00 p.m. A complimentary movie ticket will be given to all volunteers. If interested, please call the Parks & Recreation office at 822-2812, ext. 201.
Upcoming Winter Activities In The Parks

Skate Swap
Monday, December 2\textsuperscript{nd}
4:00 - 5:00 p.m.

It’s time to dust off your old ice skates, or those gently used skates that your kids have outgrown and bring them to the outside gatehouse at Windmill Pointe Park for the Skate Swap!

Tags will be provided for each pair of skates. If your skates are not bought at the swap and you are not present, we can either return them to you or donate them. If they are purchased you will be sent the check. If you are present you can accept the check yourself. **All purchases must be made by check. If more than 1 pair of skates is purchased, be prepared to write a separate check for each pair.**

We will be accepting skates from now until December 1\textsuperscript{st}. The Skate Swap will start promptly at 4:00 p.m. outside the Lindell Lodge at Patterson Park. Arrive promptly to get the best selection.

No skates will be accepted the day of the swap!

Skating Lessons

With our outdoor refrigerated ice rink and the charming Lindell Lodge, how can you pass up our ice skating lessons with our wonderful skating instructors? Classes are $45.00 for five ½ hour classes. Sign up early since class sizes are limited for more individual attention. All skaters must have single bladed skates and proper outdoor winter attire. **Helmets are required for all skating lessons.**

Also, don’t forget, the Lodge is available to lace up your skates or to warm up with a cup of hot chocolate, cookies, brownies, muffins or water. Details and registration for classes will be in the November Communicator.

1st Session - Tuesdays: December 10, 17, January 7, 14, 21
- Thursdays: December 12, 19, January 9, 16, 23

2nd Session - Tuesdays: January 28, February 4, 11, 18, 25
- Thursdays: January 30, February 6, 13, 20, 27

Classes will be taught by Sharron Nelson and Theresa Gehrke.

Ice Rink Information

The Hutton Ice Rink will open, weather permitting, around Thanksgiving. You may call Patterson Park at (313) 822-1681 for rink updates. Skating hours are from 10:00 a.m. – 8:00 p.m. daily. Skaters are asked to stay to one side of the rink while skating classes are being conducted. Skaters are welcome to warm up in the Lodge or by the outdoor fireplace. Coffee, hot chocolate and snacks may be purchased at the Lodge. Lodge attendants are present Mon. – Fri. from 4:00 – 8:00 p.m., Sat. & Sun. from Noon – 8:00 p.m.

Rink Rules:
- No hockey, food or beverages allowed on the rink.
- No rough play.
- Only skates are allowed on the ice, no shoes or boots.

Holiday Tree Lighting and Gift Market
Wednesday, December 4\textsuperscript{th}

Mark your calendar for our Holiday Tree Lighting and Gift Market that will take place at Windmill Pointe Park on Wednesday, December 4\textsuperscript{th}. The Gift Market will be inside the Tompkins Community Center.

The Tompkins Center doors will open for shopping at 4:00 p.m. and remain open until 8:00 p.m. Four hours of browsing and shopping for those hard to find gifts.

**SANTA WILL BE AT THE GIFT MARKET FROM 5:30 – 6:30 PM UNTIL HE WALKS OVER TO THE TREE LIGHTING FESTIVITIES THAT WILL TAKE PLACE OUTDOORS AT 6:30 PM.**

A choir will perform several songs by the lit tree for Santa and all the residents of Grosse Pointe Park.

A **FREE** holiday movie will be shown in the Okulski Family Theatre before the Tree Lighting at 4:30 p.m. and also immediately after the Tree Lighting at 7:00 p.m.

Again this year, **Park Café** will be in attendance selling hotdogs, hot chili and chips from 4:00 – 7:30 p.m. You can spend the entire evening getting into the Christmas Spirit at the Park!

Start your lists, bring your neighbors and have fun shopping! More information on this event will be in the next Park Communicator.

SAVE THE DATE!
Lunch With Santa
Saturday, December 7\textsuperscript{th}, 2013

More information to follow in the next Communicator!
Curbside Leaf Pick-Up
Curbside leaf pick-up will begin the week of October 14th and continue until December 13th, 2013 (weather permitting). Due to equipment breakdowns & weather, there is no set schedule. Once the truck has been on your street the approximate turn around time will be 2 weeks.

Recycling
Put your bin, when full, at the curb or in the abutting alley by 7:00 a.m. on your weekly rubbish collection day or no earlier than 6:00 p.m. the preceding day. Recycling Bins and Toters may be purchased through the Public Service Department. Small Red Bins are $12 and Large Blue Toters are $65.

Checklist For Preparing Recyclables
Recyclables labeled 1-7 are suitable for curbside recycling. Items must be clean and uncontaminated. Dirty, improperly prepared or unacceptable materials will not be collected. Remove plastic tops and lids from containers and dispose of kitchen oil in your regular rubbish.
- Glass, tin cans, plastic and aerosol cans may be placed together in the bin. Please rinse all recyclables and flatten cans and plastics if possible.
- Place AAA, AA, C, D and 9-volt batteries in a clear plastic bag and put in your recycling bin.
- Newspapers—remove plastic bags, strings and rubber bands. Magazine, paper bags, office paper, junk mail, flyers, brochures, post cards, phone books.
- Cardboard—(no wax coated cardboard), paperboard-cereal boxes, popcorn boxes, box board, etc.
  (Fold, flatten or cut large boxes 2 ft. x 2 ft. x 6 ft. and tie.)

Garbage
It is the duty of every owner of every lot or property to keep their lot or property free of rubbish and debris. Grosse Pointe Park City Code Section 12-1 states suitable garbage and rubbish recepticles shall be provided and used by the owner, tenant, lessee or occupant of the premises. Landlords shall be responsible for removal of all rubbish from evictions/move outs. If you need a special pick-up, please call (313) 822-5100. All special pick-ups will be charged to landlords/owners.

Containment Of Refuse
Watertight metal or plastic containers equipped with tight fitting lids and handles sufficient to keep out water and to prevent disturbance by animals should be used. GARBAGE RECEPTACLES SHALL BE NO MORE THAN THIRTY-TWO (32) GALLON CAPACITY WITH A MAXIMUM OF 50 POUNDS COMBINED WEIGHT. NO EXCEPTIONS.
- Toters with 90-gallon capacity can be purchased through the Public Service Department. Toters are for household rubbish only. No yard waste.
- No refuse container will be collected if the combined weight of the container and its contents exceeds 50 pounds except for mechanically handled containers (toters) or special pick-up items.

Refuse
Refuse is defined as animal and vegetable waste resulting from the handling, preparation, cooking and consumption of foods and all other organic matter subject to rapid decomposition, as well as cardboard, paper, cartons, boxes and ordinary wastes from residential and business establishments. It shall also include items too large for regular pick-up such as tree stumps, discarded furniture, appliances, toys, clothing and other similar materials. The Department of Public Works picks up the large items.
- Concrete, brick pavers, stones, logs etc. are the homeowners responsibility.

Hazardous Waste
Hazardous wastes need to be disposed of properly. A hazardous waste product can be toxic, flammable, corrosive or react with other substances to create harmful fumes or explosions. These products are labeled with DANGER, WARNING, CAUTION, CORROSIVE or FLAMMABLE on the container.

Yard Waste
Yard waste is defined as garden, lawn or tree trimmings, leaves and dead garden plants from the normal household. It shall not include rubbish from the work of a landscape gardener or private companies.

Chipper Brush
Chipper brush is defined as tree and shrubbery trimmings, cuttings, branches and limbs exceeding one inch, but not more than 5 inches in diameter, with all stumps and roots removed for disposal by the chipper machine. Length shall be 7 - 10 ft. long with stub ends to the curb for chipping. The chipper will handle branches the size of a fist. Small sticks should be broken down and put into compost containers or compost bags. The chipper will NOT pick up any small piles or pieces that are left out at the curb. Chipper brush will be chipped at the curb on or as close to your rubbish day as possible.

Building Materials
It shall be the duty of the owner, contractor or other person responsible for construction work to maintain the site, keep it free of excess debris during construction and to remove excess material from the premises within a reasonable time after the completion of such construction work.

When Can Waste Containers Be Put Out?
Waste containers shall not be placed out at the curb line for collection prior to 6:00 p.m. preceding the day of collection.
- Please have receptacles out by 7:00 a.m. on the day of collection. After receptacles are emptied, they must be removed from the street on the same day that collections are made. This includes alley pick-up.

Holiday Trash & Recycling Schedule
Labor Day is Monday, September 2nd - No trash or recycling. All pick-ups delayed by one day for this week only.
General City Updates

Fiscal Year – June 2014 Budget
The Park City Council has recently adopted the fiscal year 2014 budget. As in prior years, there will be no property tax increase. A $230,000 reduction in property tax revenues will be offset by reduced note payments (resulting from debt retirement), as well as some minor expenditure cuts.

Key community services - including Pubic Safety staffing, Parks and Recreation programming and tree maintenance – have been maintained at current levels. With the strengthening real estate market, the City is now experiencing a significant reduction in available single family homes. Sale prices are quickly rising, and as a result, the City administration anticipates that property tax revenues will gradually increase on a going forward basis.

The 2014 fiscal year budget also reflects a 5% increase in water and sewer service fees in response to a similar increase from our supplier, the Detroit Water and Sewer Department. Presently, the administration is considering available funding options for future street maintenance and resurfacing projects.

Grace United Parrish
Grace United Church finds a new home on Mack Avenue. The congregation, looking to downsize, recently completed major renovations to support operations that include a coffee shop on the first floor. The “Higher Grounds Coffee Shop” is a great addition to the community. We hope everyone visits soon.

Bona Fide
The new bakery located at 15215 Kercheval, formerly Muliers Market, is slated to open within the next few months and will provide residents fresh breads and rolls along with a commercial bakery to serve area restaurants. Façade improvements are complete and equipment is being installed at this time.

Atwater In The Park
The owner of the new microbrewery is undertaking improvements within the former Grace United Church along Kercheval and Lakepointe. Construction has begun on the exterior courtyard and updating of bathrooms on the interior. The microbrewery is expected to provide an Oktoberfest event.

Marina News
Both the break wall and our pump out equipment have recently been repaired. Also, all individual boat well numbers have been repainted. Weeds were cut during the first week of July throughout the marina and the weed cutter is available at any time for clearing weeds located within or near your well. For questions please call (313) 822-2812, ext. 201 or email marina@grossepointepark.org.

Important upcoming Marina dates to remember are:
- November 1, 2013 $200 Boat Deposits Due
- November 15, 2013 Marina Closes
- March 15, 2014 Boatwell balances and current registration for the 2014 season due.

Reduce Your Gardening Footprint
By: Lisa Kyle

Summer is in full swing and many of us are concentrating on maintaining the gardens and landscapes we so carefully planned during the winter and spring seasons. As we work to keep our personal green spaces looking great, there are many simple changes we can make to “reduce our gardening footprints”.

Think of your gardening footprint as the negative impact your gardening may have on the environment, such as, the production of greenhouse gases or toxic chemicals released into our watershed. The green spaces we create are so beneficial to our local ecosystem. Try implementing a few eco-friendly methods so you do not cancel the good effects with the bad.

- Replace chemical based fertilizers with composted manure or, better yet, buy a composter. The initial investment will pay for itself soon as you create free compost from your “veggie-waste”.
- Mulch your beds and trees to conserve water and save on your water bill as well.
- Rx: “Water as Needed”! Instead of widespread watering on a regular basis, water only the plants and areas of your lawn in need of moisture. Use a garden hose to water plants that need higher moisture levels in between large scale watering. Consider using a drip-hose; water is deposited directly in the soil only where needed.
- Purchase a rain barrel to reduce your water consumption. Again, the purchase cost will pay off as you save on your summer water bill.
- Plant native species well suited to our summer climate and local ecosystem. You will need less water, less fertilizer and less pesticides.
- Replace large areas of lawn with ground covers or garden beds. Native species will be more carefree and will attract beneficial insects to your garden.
- Consider using “people-powered” equipment such as a push mower. No use of petroleum products or electricity and you will exercise as well! What can be better than that?

Start small. Remember, every little bit helps to support a more positive impact on our environment.

Third Annual No Engine Initiative
The Grosse Pointe Park Parks and Recreation Department would like to thank all of our residents who participated in our 3rd Annual No-Engine Initiative which took place May 25th - June 25th. We would also like to thank all of our sponsors who donated our fantastic prizes! Our potluck picnic was also a fun community event. Photos from the picnic are on the City website.

Congratulations to our winners: Marie McManama, Jeff Parcells, Cathy Archie, Hadley Esszes, Courtney Vassel, Elise Brunner, Mat Pfeffer, Anne Billiu, Scott Wilson, Jacqulin Wang, Ron Burli, Fred Kreger, Stuart Fletcher, Luna Coyro, Chris Costa, Chris Miller, Catherine McCuish, Charlie Cielieska, Ben Turner, Paul Miller, Greg Heenan, Lauren Cooper, Mallory Duncan, Mark Stern and Judy Wanderer.
Pasta In The Park!

Mary Lou Muer and Blue Pointe Restaurant are once again serving up all you can eat pasta dinners with salad and fresh baked rolls in the Tompkins Community Center. This year we have decided to also run a movie at the Okulski Theatre for those who wish to do dinner and a movie! Dinner will be served at 6:00 p.m. and the movie (for those who wish to attend) will start at 7:15 p.m. The dates and featured films for the upcoming “Pasta Nights” are as follows:

Wednesday, September 18th
“Moonstruck”
Wednesday, October 2nd
“Under The Tuscan Sun”

Feel free to bring your own bottle of wine too! Tickets are $10 per person and must be purchased in advance. For more information, contact the Parks & Recreation Office at (313) 822-2812, ext. 201. Pasta Night dinner tickets sell out fast, so book early!

Grosse Pointe Windsurfing Club
14th Annual Regatta

We wish to thank all those involved in making this year’s regatta such a success. We completed 5 races and had 15 competitors from Ohio, Canada and locally. Anyone interested in windsurfing may contact Frank Murray at murwind@comcast.net or (313) 331-2125.

Weight Watchers Continues!

A new 20 Week Program will begin Saturday, September 7th at 9:00 a.m. in the McKeever Lounge at the Lavins Activity Center. The program fee is $189. For more information and to pre-register, call 822-2812, ext. 300.

Election Calendar

October 7 - Last day to register to vote in Nov. 5 election.

November 2 - Last day absentee ballot can be mailed from City Hall at 2:00 pm (City Hall will be open from 8:00 a.m. to 2:00 p.m.)

November 5 - General Election. Polls open 7:00 a.m. until 8:00 p.m.

November 5 - Absentee ballot may be obtained until 4:00 p.m. and vote must be cast at City Hall.

November 5 - Emergency ballot may be obtained due to an unforeseen circumstance. Polls open 7:00 a.m. until 8:00 p.m.

Questions? Please contact Deputy Clerk Donna Costa at 822-4380 or costadm@grossepointepark.org

To print out a Voter Registration form and/or Absentee Ballot Application, go to www.grossepointepark.org under “City Clerk”, “Voting”.

West Park Farmer’s Market
“Mid-Season Events”

Greetings to all!! It’s that time again. Warm breezes are blowing, the Bar-B-Que is smoking and summertime music is playing in the background. Sounds like a day at the Park! A day at the Grosse Pointe Park West Park Farmers Market that is. The Market is celebrating its tenth year and is in full swing with a plethora of vendors. We have everything from baked goods to specialty items and, most importantly, the farmers. The Market is excited to welcome a new organic farmer, CSA Farm Market, offering an array of organic products such as cheese, eggs and honey. As we all know, this time of year brings Michigan grown produce in endless supply through the end of October.

Market days are every Saturday, rain or shine, from 9:00 am to 1:00 pm through October 26th. The last “Special Event” is a combination West Park Farmers Market and the last “After 6” of the season on August 10th. The event takes place on Kercheval between Maryland and Nottingham. This special evening Market will run from 6:00 pm to 11:00 pm and will offer food and specialty vendors, a giant movie screen, a refreshment tent and free entertainment. For more information regarding the Market and special events, go to www.grossepointepark.org. See you at the Market!

Voter Information

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<tr>
<th>Precinct 1 &amp; 2</th>
<th>Trombly Elementary School</th>
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New voters may register at City Hall or any Michigan Secretary of State office.

Reminder: College students that are voting for the first time and wish to receive an absentee ballot must register in person at City Hall or SOS.

Note: We are always in need of volunteers to help with elections. All volunteers are paid for their time. If you are interested, please contact Donna Costa at (313) 822-4380.