Report From
Mayor Bob Denner

I hope you are all making the best of a very challenging summer, dominated by the effects of the storm events of June and July. This Communicator includes late summer/fall Parks and Recreation programs as well as information on the storm events. Also included are actions being taken by the City as well as recommendations for residents.

The City has been continuously improving the resiliency of our sanitary and storm sewer infrastructure since the extreme storm events of 2016. Our systems performed as designed during the recent storms, however, they alone could not cope with the approximately 8” of rain which fell on June 25/26 when coupled with the system failures at the Great Lakes Water Authority (GLWA) which processes our sanitary flow. As a result, the City is taking more aggressive actions going forward to address what are becoming much too frequent extreme events. Some of these actions are described in this edition, and the City will continue to provide regular updates to our residents.

Hopefully all affected residents have submitted their PA222 damage assessment claim form to the City. There is a separate FEMA damage assessment form that must also be completed and submitted to FEMA related only to the June 25/26 event in order to qualify for financial assistance from FEMA and/or a low interest loan for individuals or businesses through the Small Business Association (SBA). This is a separate process from the PA222 Claim Form and is available as a result of the Federal emergency declaration. The form can be obtained at www.disasterassistance.gov/

Please check out the many programs planned by our hard-working Parks and Recreation staff. There is also helpful information inside from our Beautification Commission, the City Forrester and Public Safety.

Finally, I have observed the resiliency of our community in the face of the challenges brought by the storm events. It has been gratifying to see neighbor helping neighbor and the community coming together to get through the aftermath. I hope you have a good late summer and fall with your family and friends. Comments can be sent to me at dennerb@grossepointepark.org.

Election Calendar

October 29 - Last day absentee ballot can be mailed from City Hall at 4:30 p.m. (City Hall will be open from 8:00 a.m. to 4:30 p.m.).
October 30 - City Hall will be open from 8:00 a.m. - 4:00 p.m. to issue absentee ballots.
November 1 - Absentee ballot may be obtained until 4:00 p.m. and vote must be cast at City Hall.
November 2 - General Election. Polls open 7:00 a.m. until 8:00 p.m.
November 2 - Emergency ballot may be obtained due to an unforeseen circumstance until 4:00 p.m.

Questions? Please contact Deputy Clerk Courtney Delmege at 822-4380 or delmegecm@grossepointepark.org. To print out a Voter Registration form and/or Absentee Ballot Application, go to www.mi.gov/vote.

Voter Information

Precinct 1 & 2  Trombly Elementary School
820 Beaconsfield

Precinct 4 & 7  Pierce Middle School
15430 Kercheval

Precinct 5 & 6  Defer Elementary School
15425 Kercheval

Reminder: New voters and voters wishing to receive an absentee ballot must register in person at City Hall or any Michigan Secretary Of State office.

Note: We are always in need of precinct workers to help with elections. All workers are paid for their time. If you are interested, please contact Courtney at (313) 822-4380.
Park Hours
(After Labor Day)

Patterson Park
8:00 a.m. to Dusk

Windmill Pointe Park
7:00 a.m. to 11:00 p.m.

City Phone Numbers
911 - Emergencies Only

Municipal Offices -
Automated Telephone System:

Main Number
313-822-6200

0 - For the operator
1 - Public Service, Building Department and Assessment
2 - Water & Sewerage Billing
3 - Public Safety
4 - Municipal Court

Direct Lines:
Public Safety: 313-822-7400
Public Service: 313-822-5020
Public Works Garage: 313-822-5100
Voting & Elections: 313-822-4380
Tax Information: 313-822-4267
Building Inspector: 313-822-4365
Water Billing: 313-822-4380
Municipal Court: 313-822-3535
City Forester: 313-822-6200

Parks & Recreation
313-822-2812

Okulski Theatre Information Press 1
Lavins Activity Center Press 2
Park Office / Tompkins Center Press 3
Inside Gate / Harbormaster Press 4

Windmill Park Gatehouse
313-822-5155

Patterson Park Gatehouse
313-822-1681

Grosse Pointe Park Communicator

The Tompkins Community Center offers residents an unique and picturesque venue for hosting a wide range of functions. There is a full-service catering kitchen along with updated restrooms and lighting fixtures in the banquet room. The Center is air conditioned and heated and also offers a gas fireplace. The added Atrium adds to the Center’s capacity and ambiance by providing patrons a beautiful view of the lake while dining.

The Center’s seating capacity is 134. However, the Atrium now adds standing room capacity of up to 150. We provide tables, chairs, coffee pots, a sound system, 65 inch TV, wireless microphone, wifi and podium.

Please Note: Reservations may be made one year in advance from the current calendar date. Only weddings and wedding receptions can be reserved further in advance.

Monday – Thursday $400 from 1:00 pm – 1:00 am
Friday, Saturday, or Sunday Rentals $500 from 1:00 pm – 1:00 am
Weddings & Wedding Receptions $750 (Memorial Day – Labor Day)
$1,000 from 11:00 am – 1:00 am
$1,200 (Memorial Day – Labor Day)

Grosse Pointe Park Communicator

The Park Communicator is published four times a year - February, May, August and November by the City of Grosse Pointe Park. The Park Communicator is the voice of the City and City Council.

Mayor Robert Denner
Mayor Pro Tem James Robson
Council Members Aimee Fluitt, Michele Hodges, Darci McConnell, Lauri Read, Vikas Relan, James Robson
City Attorney Jake Howlett
City Manager Nick Sizeland
City Clerk/Finance Director Jane Blahut
Parks & Recreation Director Chad Craig
Editor Mary Beth Hathaway
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Editor’s note - Any correspondence can be sent to:
15115 E. Jefferson
Grosse Pointe Park, MI 48230
Attn: Parks & Recreation

E-Mail to: hathawaym@grossepointepark.org
Phone: 313-822-2812 ext 302
Downspout Disconnection in Grosse Pointe Park

Please be advised The City of Grosse Pointe Park Department of Public Works requests your assistance in disconnecting downspouts on homes within the City. Downspout disconnection is the process of separating roof downspouts from the sanitary sewer system and redirecting roof runoff onto pervious surfaces, most commonly a lawn or to the storm sewers in the streets.

Downspout connections are significant contributors to basement flooding and are a tremendous expense for the treatment of storm water. Letters will be issued if a business/residents is found to have a downspout connection as part of building or ordinance inspections for compliance of disconnection.

**Diverting storm water to the storm drains has the following advantages:**

- Takes rainwater out of the sanitary system, reducing sewer flows and unnecessary transportation eliminating treatment costs for the rainwater.
- Provides the lowest cost impact of all the possible solutions for reducing sewer flows.
- Reduce sewage overflows into Lake St. Clair.
- Reduces basement flooding.
- Reduces water use for landscaping, saving you money.
- Protects homeowners who have had sanitary backups during adverse weather events.
- A 1,500 sq. ft. home can redirect 25,000 gallons of water each year away from the sewer system by disconnecting downspouts. A neighborhood of 100 homes can redirect 2.5 million gallons of water each year away from the sewer system by disconnecting downspouts and redirecting storm water to vegetated areas.
- Redirecting storm water could save a community $25 per year per house by not sending it to GLWA.

**Where can I find the City Ordinance?**

Under City Code it is Chapter 7-14. Gutter and Downspout Disconnection.

**What are the effects of improper and proper roof drainage?**

**Improper Roof Drainage**

Examples of improper methods for handling roof drainage are as follows:

- Downspouts that drain directly into the sanitary sewer line
- Downspouts that drain straight down and do not direct water away from the house
- Grading in the yard that directs water toward the house

**Proper Roof Drainage**

Examples of proper methods for handling roof drainage are as follows:

- A plug in the sanitary sewer line where the downspout had been connected
- Downspout extensions that drain roof water away from your house
- Grading that provides gradual slope away from the house

**Do I need a City permit to disconnect my downspout?**

No, a permit is not required to have your downspouts disconnected.

**How does downspout disconnection relieve pressure from the pump station?**

Downspout disconnection decreases the peak discharge by reducing the volume of runoff that enters the sewer and by increasing the discharge time over which it enters. Also, roofs are inherently distributed over a drainage area. Connected downspouts concentrate and centralize roof runoff, causing peak discharges from individual roofs to accumulate in a relatively small number of manmade conveyances. By contrast, downspout disconnection helps to separate the peak discharge from each individual roof.

**Do I need to cap the drain connection (hole in the ground)?**

Yes, it is important to ensure that once the downspout is disconnected, the drain connection (the open pipe remaining) be capped. This prevents water and debris from going in and also stops animals from falling into the opening.

**Can I do this myself or will I need to hire a contractor?**

This is something that can be completed by a homeowner as the process is fairly simple. The City has made available an easy guide that takes you step by step how to disconnect illicit downspouts. If you need assistance, the Department of Public Works can come to your home to show where the downspout should be routed or a licensed plumber can be of assistance. Copies will be available at City Hall or on the City website.

**Where should I have my downspout run?**

For disconnection to be safe and effective, each downspout must discharge into a suitable receiving area. Runoff must not flow toward building foundations or onto adjacent property. Typical receiving areas for disconnected roof runoff include lawns, gardens, and other existing landscaping such as shrubs. Roof downspouts or curb cuts should be at least 5 feet away from the nearest connected impervious surface to discourage “re-connections.”
If you have any questions or require assistance, please contact the Department of Public Works at 313-822-5100. Public Works will schedule an appointment to view your home and provide assistance on where you should redirect your connections.

Activities and Action Items of the City from Storm Events

Since the events of June 25-26 and July 16, the City Council and City Hall have been hard at work to find regional and local solutions that will allow communities to handle large storm events. Our priority in Grosse Pointe Park is our infrastructure. As the City moves forward, we would like to thank you for your patience and understanding. The widespread damage to homes and businesses from these recent events has hurt not only many of us in the City of Grosse Pointe Park, but throughout Southeast Michigan. The following are actions and continuing discussions within the City. Please look for future meetings of City Council for development of these items and city communications including Facebook, Constant Contact and the City Communicator.

1. The City Public Works and engineers have been compiling data and resources to bring action plans that City will review at future City Council Meetings. Topics will include instrumentation, storm modeling, short and long term fixes.
2. The City Building Department has met with several residents with landlord/tenant concerns to reach compliance with flood concerns. For assistance, please call (313) 822-6200.
3. A Document Drop Off Center has been established at Grosse Pointe City Public Safety Building for dropping off your FEMA Documentation and Small Business Administration documents.
4. Public Works has been meeting with homeowners to review homes that were flooded with advice on how to address necessary improve-
ments. Public Works is also inspecting manholes and cleaning catch basins. Please call (313) 822-5100 for the Department of Public Works.
5. A form fill submission document for PA 222 forms has been added to the website where residents can directly submit to the City along with an option to drag and drop receipts, documents etc. instead of having to turn in by paper to City Hall.
6. Public Safety is continuing our to improve the process of communicating extreme events. This will allow the City to broadcast notifications with the IPAWS system, allowing messages to be sent to any phone within Grosse Pointe Park without the need to sign up.
7. The City is working with public utilities, such as GLWA that handle our sanitary flow, to have external audits of their systems, including instrumentation, inspection of lines and improved communication. GLWA approved an ad hoc committee working with engineering and legal firms to conduct an independent review to investigate the rain events of June 25-26 and July 16.
8. Meeting with Wayne County and the City of Detroit Water and Sewerage Department to share data and investigate their major sewer lines running through Grosse Pointe Park to GLWA.
9. Conducting Storm Water Modeling exercises to further understand areas of street and alley flooding.
10. Development of comprehensive educational materials, including consideration of backflow prevention devices, sump pump systems and disconnection of downspouts to the sanitary system.
11. Reviewing additional requirements for new-build homes to manage stormwater such as installation of backflow preventers and sump pumps.
12. Continue investigations to identify and disconnect illicit connections and downspout discharge to the sanitary sewer, specifically alleys and parking lot areas.
13. The City and its engineers are meeting with EGLE to continue our discussions of providing relief points to the City in the case of large storm events such as the proposed Extreme Emergency Relief Valve at Patterson Park Storm Pump Station allowing sanitary flow to discharge out to the lake.
14. Review of best practice updates to our local ordinances including downspout and other illicit connections.
15. Working with local and federal leaders to continue discussions of the need for infrastructure funding and resident relief assistance.
16. Reviewing grant or funding opportunities including submission to continue improving City Infrastructure through EGLE, Wayne County, the Federal Government and private funding.
17. Study feasibility options of green infrastructure improvements.
18. The Grosse Pointe Communities, the City of Detroit and its engineers, along with neighborhood groups are working collaboratively to share data from these storm events to work together on providing regional solutions.

FEMA Assistance

On July 15, 2021, President Biden declared that a major disaster exists in Wayne County, Michigan. The declaration comes in the wake of late June's devastating flooding that damaged more than 19,000 homes in Wayne County. The declaration clears the way for affected residents to seek federal disaster assistance to recover and rebuild.

The declaration also provides funding for public and private nonprofit organizations to repair or replace disaster-damaged or destroyed real estate, machinery and equipment, inventory, and other business assets.

The Small Business Administration has announced that low-interest disaster loans from the U.S. Small Business Administration are available to businesses and residents in Michigan following the announcement of a Presidential disaster declaration due to severe storms, flooding, and tornadoes from June 25 - 26, 2021. The disaster declaration covers Washtenaw and Wayne counties in Michigan, which are eligible for both Physical and Economic Injury Disaster Loans from the SBA.

Businesses and private nonprofit organizations of any size may borrow up to $2 million to repair or replace disaster-damaged or destroyed real estate, machinery and equipment, inventory, and other business assets. Applicants may be eligible for a loan amount increase up to 20 percent of their physical damages, as verified by the SBA, for mitigation purposes. Applicants may apply online using the Electronic Loan Application (ELA) via SBA’s secure website at disasterloanassistance.sba.gov. Businesses and individuals may also obtain information and loan applications by calling the SBA’s Customer Service Center at 1-800-659-2955 or by emailing disastercustomerservice@sba.gov.

IMPORTANT: The filing deadline to return applications for physical property damage is Sept. 13, 2021. The deadline to return economic injury applications is April 15, 2022.

Small Business Administration Assistance

The Small Business Administration Assistance program provides low-interest disaster loans to eligible businesses and individuals in Michigan affected by the severe storms, flooding, and tornadoes that occurred in Wayne County on June 25 - 26, 2021.

Applicants may apply online through the Small Business Administration’s (SBA) website at disasterassistance.gov. They may also contact the SBA’s Disaster Recovery Center at 1-800-659-2955 or via email at disastercustomerservice@sba.gov.

The SBA offers long-term disaster recovery loans to help individuals and businesses affected by the disaster. These loans are available to eligible individuals and businesses in Michigan impacted by the severe storms, flooding, and tornadoes.

To learn more about the SBA’s disaster loan program, visit disasterassistance.gov or call 1-800-659-2955. Applications are accepted online, by phone, or in person at a nearby SBA District Office.

If you have any questions about the Small Business Administration’s disaster recovery program, please feel free to contact them directly at 1-800-659-2955 or disastercustomerservice@sba.gov. They are available to assist you in recovering from this disaster. 
**Smart 911 Can Help in Times of Emergency**

The City of Grosse Pointe Park has enhanced its 9-1-1 Services and Emergency Notification with Smart911. Public Safety Officials encourage residents to sign up for the free service that provides emergency responders with more information in the event of an emergency. Smart911 is available across the State of Michigan. It allows individuals and families to sign up online to provide key information to 9-1-1 call takers during an emergency. Smart911 allows citizens to create a Safety Profile for their household that includes any information they want 9-1-1 and response teams to have in the event of an emergency. When a citizen makes an emergency call, their Safety Profile is automatically displayed to the 9-1-1 call taker, allowing them to send the right response teams to the right location with the right information. All information is optional and citizens can choose what details they would like to include. The information input by a citizen is invaluable since a 911 call from a mobile phone does not display addresses, let alone pertinent health information. In these instances, Smart911's profile can speak for you when you might not be able to do so.

Residents are encouraged to create their Safety Profile with Smart911 today to have their information immediately available to 9-1-1 and to receive emergency notifications. Smart911 is private and secure, is only used for emergency responses, and only made available to the 9-1-1 system in the event of an emergency call. To sign up, go to www.smart911.com or the Grosse Pointe Department of Public Safety's Facebook Page.

**Nixle**

Nixle keeps you up-to-date with relevant information from your local Public Safety Department. To receive emergency notifications, please sign up at www.nixle.com, or go to the Grosse Pointe Park webpage.

**At Risk Individuals with Special Needs**

The Department of Public Safety is compiling a list of individuals who need special attention in the event of a major disaster. For example, a power-outage that creates a hardship for a person on required medical equipment. Please call (313) 822-7400 to add your name to the list. This information would only be used in the event of an emergency.

**Facebook**

Please follow us @gpppublicsafety for important news about events and other interesting things the Department is doing!

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**Pruning Specifications & Primary Focus:**

- **Corrective pruning of trees damaged by DTE**
- **Removal of dead branches - 1” in diameter or greater**
- **Raise the canopy over sidewalks and streets to a height of 12’-15’**
- **Clear streetlights and other signage**
- **Thin canopies 15-25%, where applicable**
- **Site cleaning – all debris hauled/removed**

**Fall Perennial Plant Exchange**

The Fall Perennial Plant Exchange is sponsored by the Grosse Pointe Park Beautification Commission and will be held on Saturday, October 2 from 9:00 - 11:00 a.m. at the Tompkins Community Center (rain or shine). Come exchange healthy plants, seeds and your ideas with fellow gardeners!

Tables available for displaying your garden treasures for sharing. No plants to exchange? Orphan tables provide plants for free. Bring bags to carry your finds & label what you bring. For more information, visit www.grossepointepark.org for information.

**ShredCorp.**

ShredCorp. will be at Windmill Pointe Park on Saturday, October 16 from 9:30 - 11:30 a.m. to shred all of your personal papers such as bills and tax returns for $5.00 per box (5 box limit). Staples and paper clips DO NOT have to be removed. The only items that will NOT be accepted are hazardous waste, newspapers, x-rays, binders and computer discs. Please have your papers in a bankers box.

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**Corrective/Maintenance Tree Trimming**

By: Forester Brian Colter

Now that DTE restoration is complete on Wayburn, Maryland, Lakepointe and Beaconsfield, the City has begun corrective trimming on City trees damaged during DTE construction. Trees will also be trimmed for sidewalk and street clearance. Oak and elm trees will be skipped and trimmed during the dormant season due to oak wilt and Dutch elm disease. 736 trees have already been trimmed. To minimize any inconvenience to residents, No Parking signs will be posted one block at a time. As DTE restoration is completed subsequent blocks will be trimmed. Sav-A-Tree is the contractor which will be doing the work; questions can be directed to City Forester, Brian Colter at (313) 822-5020.

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**Halloween In The Park!**

This exciting costumed event is for young children 10 years of age and under on Saturday, October 23. The picnic grounds at Windmill Pointe Park will turn into a festive pathway of hay that leads from candy station, all decorated differently.

Tickets MUST be purchased in advance ($10.00 per child) and will be on sale from October 1 through October 22 inside the Lavins Activity Center at Windmill Pointe Park. Tickets sold on the day of the event until 3:00 p.m. will cost $15.00 each.

Trick-or-treating begins promptly at 3:30 p.m. and will end at 5:00 p.m. Trick-or-treaters may select arrival times of 3:30 p.m., 4:00 p.m. or 4:30 p.m. (Trick-or-treaters must arrive before 4:45 p.m. in order to get through all the stations.) Every child trick-or-treating must be in a costume and accompanied by an adult. TRICK-OR-TREAT BAGS WILL NOT BE PROVIDED. PLEASE BRING YOUR OWN.

Sign up to have a station at Halloween In The Park! Candy will be provided by the Parks & Recreation Department for you to give out at your station. Volunteering is a great way to be part of the excitement, even if you don't have any ghosts or goblins of your own. We take volunteers until all the stations are filled. Decorating of stations will take place on the day of the event starting at 2:00 p.m. and must be completed by 3:00 p.m. A complimentary movie ticket will be given to all volunteers. If interested, please call the Parks & Recreation Office at 822-2812, ext. 201. Local businesses interested in sponsoring this event can contact Chad Craig at (313) 822-2812 ext. 200.
Lavins Activity Center

Looking for something to do? The Lavins Activity Center offers many recreational options for residents to take part in year round. Also located in the Lavins Activity Center are the Okulski Family Theatre and the Carol C. Schaap Theatre for an evening out at the movies!

Meade Fitness Center

Located on the second floor of the Lavins Activity Center, the Meade Fitness Center is a great place to burn a few calories and have a fantastic view of Lake St. Clair. The Fitness Center offers a variety of weight machines, free weights and state-of-the-art cardio equipment. Our Certified Personal Trainers on staff are available to provide complimentary assessment sessions to new members by appointment. Members may also purchase private Personal Training Sessions with our trainers for a more individualized weight training program.

Personal Training

Personal Training Sessions can be purchased at the front desk of the Lavins Center. All trainers are certified.

- Single Sessions $60.00
- Three Session Packet $165.00
- Six Session Packet $300.00

Gym Rentals

The Golden Family Gymnasium is available for rental on a preregistration basis, no walk-ins. Reservations may be made by residents age 18 or older 72 hours in advance with prepayment or 24 hours in advance with payment at sign in. The court is available for pickleball, basketball, volleyball and running games. We now offer full court rentals as well as half court rentals. Park passes are required for access to the Park and the Lavins Activity Center under the usual 3 guests per pass guidelines. Minors must be supervised by someone age 18 years or older at all times.

New rental rates are as follows:

- Half Court Rental $25 Per Hour
- Full Court Rental $50 Per Hour

*$5.00 Drop in Pickleball will be on Monday and Wednesday 1:00 - 4:00 p.m.

Rock Steady Boxing Program

For People Living With Parkinson’s

Join us for this comprehensive fitness program designed specifically for people with Parkinson’s taught by Head Coach Nick Henderson. Improve your quality of life through this non-contact boxing-based fitness curriculum. Classes are fun and emphasize gross motor movement, balance, core strength and rhythm. This combination improves range of motion, flexibility, posture, gait and makes activities of daily living easier. The program is adapted to all fitness levels, including those needing walkers or wheelchairs.

Our next 8 Week Session starts on Monday, September 20 and runs through November 12. (Participants may sign up for two day or three day per week options.) We need and appreciate volunteers as well. If interested, contact the Lavins Activity Center at (313) 822-2812, ext. 300.

- Location: Lavins Activity Center Golden Gymnasium
- Days: Mondays, Wednesdays and Fridays
- Time: 11:00 am to 12:30 pm
- Two Days: $160
- Three Days: $220

Fitness Center Hours

Monday-Saturday 7:00 a.m. - 7:00 p.m.
Sunday 10:00 a.m. - 5:30 p.m.

Membership Prices

Fitness Memberships provide access to the Meade Fitness Room!

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<td>One Month - $50.00</td>
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<td>Two Week - $30.00</td>
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<td>Day Pass - $10.00</td>
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Windmill Pointe Park Theatres

Show times will be slightly adjusted to start, but as the film industry comes back up to speed, so too will our scheduling. The tentative start up movie schedule will be the following:

- Friday: Okulski Theatre 7:00 pm
  Schaap Theatre 7:30 pm
- Saturday: Okulski Theatre 2:00 pm Matinee
  Schaap Theatre 2:30 pm Matinee
  Okulski Theatre 7:00 pm
  Schaap Theatre 7:30 pm
- Sunday: Okulski Theatre 2:00 pm Matinee
  Schaap Theatre 2:30 pm Matinee

Ticket Prices for both the Okulski Family Theatre and the Carol C. Schaap Theatre are:

- Adults - $10.00
- Seniors and Children - $8.00
- Matinee - $7.00
The “Turn of the Tide” Martial Arts program teaches students how to gain confidence in themselves and their abilities. Registration begins Monday, September 6. Payment is due at signup and is non-refundable. (Registration before this date is not allowed.) For more information and to register online, visit the City website at: www.grossepointepark.org.

**Class Options:**

- **Advanced Karate $120:** Green, Red and Black Belt students.
- **Tiny Turtles $100:** Students Age 4.
- **Little Dragons $110:** Students age 5 to 6.
- **Mighty Vipers $120:** Students age 7 to 9.
- **Padded Weapons $110:** Students Age 6 to 9.
- **Pink Power Jr. $110:** Girls age 5 to 9.
- **Pink Power Advanced $120:** Girls age 10 and up.
- **Peaceful Warrior $120:** Students 10 and up or who have attained the rank of 8th Gup Purple Belt.
- **Traditional Weapons $120:** Students must have attained the rank of 8th Gup Purple Belt.

**Pink Power Class!**

The “Pink Power” classes are strictly for girls. The goal of these classes is to empower young girls and guide them on a journey of self-confidence and discovery through martial arts. They will learn karate and self-defense as well as build confidence in themselves to find their own voice. Like regular karate classes, the girls can test for rank and participate in all “Turn of the Tide Martial Arts” club events and activities.

**Martial Arts Specialty Classes**

There are several specialty classes offered throughout the year for strengthening martial arts skills. Please check the class schedule to see when these enrichment classes are available. Look for the following classes: Sparring, Forms and Testing Prep, Self Defense and Testing Prep. Each class will offer eight weeks of training geared to a specific group of students or focus on the specific skill set listed in the class title. These classes will help support students looking to advance in belt rank.

**Tiny Turtles**

Four-year olds love playtime and physical activity. In this 30 minute class, students will work on the skills and coordination needed to kick, punch, block, fall and roll. Through fun games and drills, students will gain the readiness needed to be successful in karate and other sports.

**Important Karate Dates...**

- **Karate Olympics**
  - TBD
  - 11:00 a.m. - 4:00 p.m.
- **Parents Night/Demo Night**
  - TBD
  - 3:00 - 6:00 p.m.

All testing dates will be announced in the next Communicator.

**Karate Class Schedule**

**Session I:**

- Sept. 20, 27, Oct. 4, 11, 18, 25, Nov. 1, 8, 15, 29, Dec. 6, 13
  - Mondays: 4:15 p.m. Tiny Turtles
  - Mondays: 4:25 p.m. Advanced Karate
  - Mondays: 5:30 p.m. Traditional Weapons
  - Mondays: 5:30 p.m. Padded Weapons
- Sept. 21, 28, Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 30, Dec. 7, 14
  - Tuesdays: 4:30 p.m. Little Dragons
  - Tuesdays: 5:30 p.m. Mighty Vipers
- Sept. 22, 29, Oct. 6, 13, 20, 27, Nov. 3, 10, 17, Dec. 1, 8, 15
  - Wednesdays: 5:15 p.m. Peaceful Warriors
- Sept. 23, 30, Oct. 7, 14, 21, 28, Nov. 4, 11, 18, Dec. 2, 9, 16
  - Thursdays: 4:30 p.m. Pink Power Jr.
  - Thursday: 5:30 p.m. Pink Power Advanced
- *Note: No classes Nov. 22, 23, 24, 25 Thanksgiving Week, Rank Testing will be held in December.*

**Session II:**

- Jan. 10, 21, 24, 31, Feb. 7, 14, 28, March 7, 14, 21
  - Mondays: 4:15 Tiny Turtles
  - Mondays: 4:25 Advanced Karate
  - Mondays: 5:30 Traditional Weapons
  - Mondays: 5:30 Padded Weapons
- Jan. 11, 18, 25, 31, Feb. 1, 8, 15, March 1, 8, 15, 22
  - Tuesdays: 4:30 Little Dragons
  - Tuesdays: 5:30 Mighty Vipers
- Jan. 12, 19, 26, Feb. 2, 9, 16, March 2, 9, 16, 23
  - Wednesdays: 4:25 Mighty Vipers
  - Wednesdays: 5:30 Peaceful Warriors
- Jan. 13, 20, 27, Feb. 3, 10, 17, March 3, 10, 17, 24
  - Thursdays: 4:30 Pink Power Jr.
  - Thursdays: 5:30 Pink Power Advanced
- Jan. 21, 28, Feb. 4, 11, 18, March 4, 11, 18, 25
  - Fridays: 4:25 Pink Power Advanced

*Note: No class Monday, January 17th MLK Day (make up day Friday January 21st). No classes from February 21-24 (Mid-Winter Break). Spot Testing as needed.*